

Sun

Carmel Valley

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October 31, 1984 — November 14, 1984



Photo by Debi Effron.

What will happen in the future? Who knows?

— Page 5

Quit for 24 hours you say? Can you Do it?

— Page 7

It's time to decide who you want as Supervisor.

— Page 14

LETTERS

Strong Interest

I want to thank you for publishing Mary Tesoro's excellent article on the Steel Jaw Trap in your Oct. 3 issue.

There are many people in our area that have a strong interest in the humane treatment of animals, and I am sure that they found this update on H.R. 1797 informative.

I appreciate the fact that you at the *Carmel Valley Sun* are willing to publish articles that speak out for the needs of animals. I hope that you will continue publishing current information on the progress of the animal rights movement—perhaps a bi-weekly column by Ms. Tesoro?

Patti Walters

Thanks To Those Involved

I wish to express my heartfelt thank you to the business community and the community in general for their generous support of the recent Monterey Arabian Horse Classic, held at the Monterey Fairgrounds. The Classic displayed the Arabian horse, which is a visually breathtaking animal, in various competitive events. All events were well attended by the public, making the show a great success. Proceeds of the show went to the Cystic Fibrosis Society whose aims are to provide support services for families of victims of Cystic Fibrosis and to raise money for research in hopes of finding a cure for this disease, the number one genetic killer of children.

My sincere thanks to all who were involved in this fine effort.

Millie House
Cystic Fibrosis Society

Compelled To Spell It Out

Over the years I have written many letters to the Editor in my mind, but by the next morning I have usually gotten them "out of my system." This political season, however, I feel compelled to sit down and spell it out for Howard Brunn in the Fifth District race.

In my varied community projects over the years I have often needed help. Every time I have turned to Howard Brunn for assistance he has willingly come through. "Ask a busy man," they say. Yes, Howard was always busy and was **always there for me and our community**. Quietly, and with skill and dedication, Howard has served this area decisively and effectively. He is now willing to go to Salinas and serve not just the Fifth District, but our entire county.

Howard has sold his business, is a full time candidate and promises to be a full time Supervisor. he follows through and has a proven history of public service. We need this kind of dedication and management skills at the county level.

Please join me and cast your vote for Howard Brunn on November 6th.

Maggie Downer

What Is His Stand?

Howard Brunn's political ads proclaim "The Fifth District Needs a Stand." That's true. We do. But Howard Brunn seems unwilling to give it to us.

Brunn refuses to take a stand against the proposed massive development of San Carlos Ranch. He supports the Planning Commission's recent decision to approve 2,000 housing units there. Such intensive development would have a devastating impact on our traffic and water supply.

Karin Strasser Kauffman was at the Planning Commission hearing and argued strongly in favor of the original Citizens Advisory Committee recommendation limiting development of San Carlos Ranch to 500 units. The Carmel Valley Property Owners Association and League of Women Voters also supported the 500 unit plan. Where was Howard Brunn? He supported the out-of-town developer rather than the citizens of our community!

The Fifth District does need a stand. We need a supervisor who will stand up, not fold up when the developers put on the pressure.

Ron Hansen

Which Way?

In reviewing the candidacy statements of the two individuals competing for Supervisor of the 5th District, I note with pleasure that Howard Brunn has made a flat statement that he favors the Hatton Canyon Freeway extension. Ms. Kauffman has been quoted in the past as favoring the freeway extension but she fails to make that pledge in the formal statement given to all voters as part of their sample ballot information.

It may well be that she doesn't want to offend any supporters who voted for her in the primary. It could be that she doesn't want to take definitive stands in writing to all voters as a matter of principle. Or it may be that she has changed her mind and doesn't want that fact noted.

What gives this voter the feeling that the latter rationale may pertain is the recent public endorsement of Ms. Kauffman by Helen Arnold, member of the Carmel City Council. Mrs. Arnold in recent letters extolled Mr. Brunn for his fine service on the Carmel Council at the same time that Mrs. Arnold was a member. This would have appeared as an endorsement of Mr. Brunn's qualifications for further elective office (something Ms. Kauffman has never held). But at the end of her letter Mrs. Arnold at last came out in support of Ms. Kauffman, the candidate with no elective experience over a candidate with experience whom she had chosen to compliment. Makes me—and you, I would think—wonder why.

As there are few issues that county supervisors have a say on that directly affect the City of Carmel but that one of those issues surely is whether the state should build the freeway extension, Mrs. Arnold's endorsement does give me pause for consideration.

Does Mrs. Arnold know something about Ms. Kauffman that the rest of us don't? Is Ms. Kauffman a "closet" opponent of the freeway who will come out in opposition if she is elected? Why didn't Ms. Kauffman make the same commitments in writing to specific programs that Mr. Brunn did?

Who cares about Reagan-Mondale? Kauffman-Brunn is lots more fun. And just a few local voters can tip the scales one way or the other. What IS the Arnold-Kauffman way?

Kenneth Bullock

This WAS A "Clean" Race

As the time gets nearer to November 6, more and more signs have sprouted on the Carmel Valley Road. There has been a preponderance of signs supporting Karin Strasser Kauffman for 5th District Supervisor, but there have been some for her opponent.

Imagine how shocked and chagrined I was to discover that all of Karin Strasser Kauffman's signs had been either defaced, torn from the wooden posts to which they were attached, or otherwise disassembled. None of Mr. Brunn's signs were touched.

The person/persons who accomplished this vandalism had to trespass on private property to accomplish their destruction. While I do not for a moment suggest that Mr. Brunn personally tore down or defaced Karin's signs, it seems obvious that he is the only one to benefit from their loss. At this writing (several days after noticing the vandalism), Mr. Brunn has issued no disclaimer, nor has there been any recognition of these destructive acts by him or his campaign people.

It is disturbing, indeed, that a candidate or his supporters feel the need to do something as sick as this. Is any job that important? Must the supervisor's job be gained at any cost, by any means?

Many have thought that this was a "clean" race; now it no longer is a clean race, and now we know that at least one candidate does not perceive it as such.

This demolition will have no effect on my vote. I support Karin Strasser Kauffman and will vote for her on November 6. It just makes me wonder about the kind of person her opponent and/or his followers is/are.

Paula Wainwright

None In Sight

I am an avid supporter of Karin Strasser Kauffman for Supervisor and I am also her friend. We have worked on several school and local committees together in the past and her leadership qualities were outstanding.

I wanted to do something to help her campaign and let her know that my support could be something more than casting a ballot.

Two weeks ago I called Karin and offered to put up some of her posters on my Carmel Valley Road mailbox and deliver some to my neighbors. Armed with posters, posts, staple gun and hammer we got quite a few visibly located along Carmel Valley Road.

The rains came and went. The posters remained, clean, green and a bit soggy, but nevertheless still there.

This morning there was not a poster in sight for over two miles, they had been torn down and confiscated.

I believe it is really below-the-belt tactics when the opposition doesn't even allow equal opportunity to advertise.

I telephoned for more posters this morning.

Judith Leavelle

Unmarked

Do my ears and eyes deceive me or is that really an unmarked, functioning electrified deer fence surrounding the vineyard across from the bucket? Since this is the main thoroughfare for both cars and walking traffic shouldn't a warning be posted?

Shocked

They Don't See

There are some real snobs in Carmel Valley. These are people who own or rent and then feel they should own the world they SEE around them.

But they don't really see!!!!

They don't see the world as a place where communication is the basis of PEACE and SECURITY.

That "billboard" Jack Swanson described can be looked at in different ways. It should be looked at—along with others added—for what they represent: 1) World Communications, 2) A symbol of Peace on Earth, 3) Good paying jobs for people who need to work for a living, 4) More jobs to an area where families are living in cars.

Wasn't it Jack Swanson who sold the property to COMSAT to begin with? (Did you need the money, Jack?)

I have been a Carmel Valley property owner for over 26 years. Two of the men in my family earn good livings working for COMSAT. They are citizens who care for others (Volunteer Firemen, C.P.R. Instructor).

There are many people in Carmel Valley who would be more than proud to salute those "billboards" as symbols of "PEACE ON EARTH AND GOOD WILL TOWARD MEN."

Evelyn Rhoades

Attention Concerned Citizen

You neglected to mention the gifts COMSAT bestowed to the Jack Swanson Family seventeen years ago. Water? Grazing? Landscaping? Etc.

The gifts, I do not think, have any bearing on COMSAT's expansion because Jack Swanson is an opponent. Also the other gifts were for the Cachagua Fire Department. If, you are against the Cachagua Fire Department, you might as well move out of the Cachagua Valley.

There is room for improvement in the Cachagua Advisory Committee because most of their decisions are cut and dried ahead of time.

I agree, that the people of the Cachagua Valley should have the right to set their guidelines by popular vote. That only registered voters in the Cachagua will be able to vote. This would eliminate outsiders from trying to set our guidelines.

The sub-divider is only interested in making a fast buck; thus leaving all the problems for the residents of the Cachagua Valley. Sub-divisions, vineyards, and wineries have increased heavy truck traffic on the Cachagua Road ten-fold.

COMSAT is important to our way of life today and is here to stay.

Another Concerned Citizen

Disappointed

With reference to the letter "How Much More" in the Sun (10/17/84), we at Comsat were surprised that the Sun would publish an unsigned letter and disappointed with the writer's misrepresentation of positive community spirit.

To answer the mystery writer's question, "How many more gifts can Comsat give?", the answer is that we have given, over a ten-year period, to many community projects. In the case of the Cachagua Valley Fire Department, we've contributed emergency pocket pagers and funds to help establish this volunteer department. In the case of the Monterey County Sheriff's Department, we contributed a portable generator for their mobile crime van in addition to funds for avionics for their aircraft. Others who have benefited from our contributions include the Red Cross, the United Way, Hospice of the Monterey Peninsula, Special Olympics, and the Monterey County Parks Foundation.

We want to note that our program of community contributions is not unique to Jamesburg Earth Station. Comsat supports, through regularly budgeted funds, public service agencies and charitable causes in all of the communities in which we have facilities. Participating in the well being of those communities has been a consistent aspect of our corporation operations.

We are proud of our support of these efforts and confused as to the mystery

writer's objections. If we're guilty of some impropriety, as the "concerned citizen" implies, why didn't he or she complain about our contribution program when it began ten years ago?

A.J. Stotler

First Time

Recently saw your paper for the first time and thought it was great—noted an all-woman staff on your masthead.

I have always thought weeklies were a great place for women to get into journalism. If any of you have been around the Valley for at least two decades, you may recognize my name. I did edit the old Outlook and built it from a 4-page sheet to one that was 24 pages or so, then sold it to Bill Norton. While I am sorry to see that the Outlook finally was absorbed by the Pine Cone (for awhile it looked almost as if it would be vice versa), I am delighted that a lively, community-oriented weekly such as yours still serves the valley.

Betty Branch

Terrible "Typos"

Why don't you hire literate people? You're a terrible example of "journalism."

Unsigned

Editors note: Believe it or not we really do try.

Letters to the Editor are welcome from our readers. They must not be more than 250 words, and if possible, typed and double spaced. We reserve the right to edit, discard or return to the sender any letter which does not meet the standards of length or good taste. All letters must be signed legibly and include address and telephone number.

Paid Political Advertisement

We invite you to compare.

Compare the Ballot Statements

If you haven't already, take a good look at the statements of the candidates for Fifth District Supervisor before next Tuesday when you go to the polls.

One favors the Carmel River Dam.

What about the other?

One opposes COMSAT.

What about the other?

One favors the Hatton Canyon Freeway.

What about the other?

One isn't afraid to take a stand.

What about the other?

Compare the ballot statements. Wouldn't you rather have a Fifth District Supervisor whose opinions you don't have to wonder about?

BRUNN for SUPERVISOR

Committee to Elect Howard Brunn 5th District Supervisor, 26350 Carmel Rancho Lane, Carmel, CA 93923, 624-6204; Merrill Headrick, treasurer.

FRI & SAT SPECIALS

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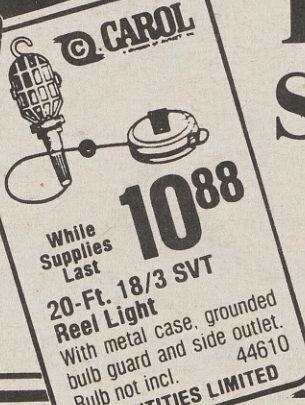
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Village Center 659-2811

Shop Locally & Save

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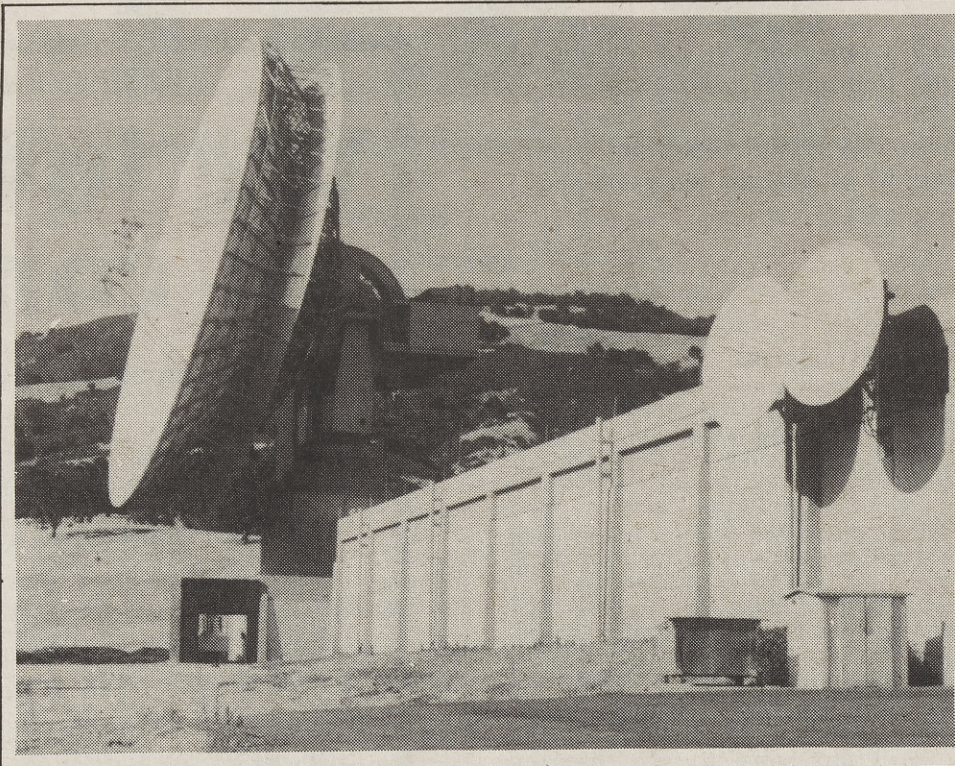
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Carmel Valley Sun

The Carmel Valley Sun office is located at 1 West Carmel Valley Road, P.O. Box 744, Carmel Valley, CA 93924, telephone (408) 659-2950. Published bi-weekly on Wednesdays. Circulation is 6000. Subscription rate: 12 issues, \$13. Entire contents of this issue Copyright © 1984 Carmel Valley Sun. All rights reserved.

The Cover

It's been a busy Halloween at Martin's Fruit Stand. The pumpkins have, not so slowly disappeared.



Comsat Expansion Has Been Rescheduled For November 14

Hearings for the proposed expansion of the Jamesburg Earth Station in Cachagua Valley have been rescheduled for November 14 at the Planning Commission. The meeting begins at 9 a.m. and at this printing the time slot for the proposed expansion has not been set.

Members of the Commission will be reviewing the revised Draft Environmental Impact Report to determine if the report is adequate or not. If the Commission finds the report adequate they will be asked to certify the EIR.

Earlier, members of the Concerned Citizens of Upper Carmel Valley, who are opposing the proposed expansion, submitted their comments on the draft EIR which according to president, David Armanasco, is "inconsistent, grossly inadequate, inaccurate, and therefore unsuitable for certification."

In his response letter to the Planning Department Armanasco said that the Draft EIR has not completed the original 'Scope of Work' as set forth by the County. The most upsetting part of the report, he wrote, was the "lack of objectivity, and the very subjective nature of the DEIR."

In a press conference scheduled by the Concerned Citizens after their response was filed, Armanasco summarized some of the inconsistencies in the DEIR. One of their main objections was the reports advocacy of the project. "A report must be objective and must not take a position of advocacy of a project," said Armanasco.

Citing some of the inconsistencies, he said one section stated there will be no impact, yet another section clearly states that there will be significant impact which cannot be mitigated.

Armanasco also said the DEIR was

incomplete. The general plan analysis, he said "is grossly incomplete. There are policies not addressed that should be addressed," and added that out of 41 policies only 7 were addressed in the DEIR.

The microwave studies were also incomplete, he said, and pointed out technical inconsistencies in that section as well.

"The DEIR makes conclusions that are not substantiated by referenced technical reports," said Armanasco.

Microwave radiation, which is a non-ionizing concentrated heat, has been the main area of concern for the residents living within the Jamesburg Earth Station area. "Our biggest concern is not enough yet is known," said Armanasco. "There are 7,000 papers on microwave radiation. Dr. C.K. Chow of the University of Washington, in Seattle, said there are very few people who are truly qualified to review what this all means," he continued. "The studies are premature. Things are in a young stage still."

Responding to the Concerned Citizens statements over the DEIR, Comsat Vice President of International Operations, Ed Martin, said "Microwave radiation appears to be the dominant area in which the Concerned Citizens of Upper Carmel Valley take issue with in the draft EIR prepared on the Comsat expansion."

"In Comsat's opinion, if this is the only CCVVC objection to the expansion plan, then the group does not have a legitimate basis for concern," said Martin.

"Unfortunately," he continued, "people tend to fear what they don't understand, and the average layman can't be expected to have an in depth knowledge of microwave technology. However, concern over microwaves and the use of microwave technology at Jamesburg can be put to rest to the satisfaction of anyone who chooses to study the issue."

"To bring the issue to terms people can relate to," Martin said, "the amount of microwave power emitted by the Comsat Jamesburg dish antenna is less than the microwave power

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"Star Wars" Discussed At New Forum Meetings

by Elaine Taylor

The Strategic Defense Initiative, now popularized by Senator Ted Kennedy as "Star Wars", has been the recent focus of the New Forum who are currently studying both sides of the "Star Wars" issue.

On October 15 the New Forum presented Dr. J. Peter Vajk whose presentation was "Star Wars Makes Sense." Vajk was introduced to the 120 people attending the New Forum meeting as one of the early proponents of peaceful uses of space.

In presenting his view of "Star Wars" Dr. Vajk said "It is the national policy of this country to keep our population vulnerable to attack by the Soviet Union." Dr. Vajk traced the history of this national policy which has been termed MAD or Mutually Assured Destruction.

According to Dr. Vajk after the Cuban Missile Crisis the perception that the United States was vulnerable to nuclear attack by the Soviet Union became widespread. "This led to a state of national fear," he said. "And

fear as we all know is a very dangerous and destructive thing."

He continued "Given that we are vulnerable to attack by the Soviet Union, and given that we did not at that time have the technology or know how to prevent the Soviet Union from attacking us with ballistic missiles, we rationalized that condition of vulnerability into a belief that in vulnerability, the vulnerability of our population and the vulnerability of the Soviet population was the key to security. By being vulnerable we would both be secure."

As a result, he explained, the United States adopted the policy known as MAD.

Vajk received his Ph.D. in theoretical physics from Princeton University in 1968. Since then he has carried out work in relativistic astrophysics and nuclear weapons effects. He has been actively involved in studies of policy and technology issues of military space systems.

As a proponent of "Star Wars," a

space-based strategic defensive weapons system, Vajk contrasted the current policy of deterrence to a defensive posture proposed by President Reagan in a speech on March 23, 1984. At that time, President Reagan challenged engineers and scientists to apply their ingenuity to the development of a system to intercept and destroy enemy missiles before they reach our soils or that of our allies.

Vajk pointed out that our present policy of deterrence means simply "if your opponent hits you, you are going to retaliate so badly that he'll wish he'd never thought of it." Defense means, "if you try to hit me, I have the means...to prevent you from doing damage to me but without needing to harm you. I simply can put something between the force you are throwing at me and myself—a shield, if you will."

A defensive weapons system is the essence of "Star Wars." At the present time, Vajk reported, "we have a grand total of 350 fighter interceptors

Continued on page 28

Two Days Of Fun Promised Annual Psychic Fair Returns November 3—4

What's in store for you in the future? Or, what is the solution to your current problem? These and many other questions may be answered during the annual Psychic Fair sponsored by Quest.

Because of its popularity, Quest has expanded the event into a two day affair scheduled for November 3 from 10 a.m. to 4 p.m. and November 4 from noon to 4 p.m. On hand will be well known local psychics giving readings and talks. Each of the psychics will be giving 5 minute readings which cost \$6 per reading. "It's not expensive and doesn't take a lot of time," said Danielle Judge, who is the director of the event.

"It's the biggest smorgasbord of psychic readers," she said. "People can check out a reader and go back for a full reading if they decide they like him."

Ms. Judge said the Psychic Fair is a lot of fun but said people shouldn't take it too seriously. "They won't get their problems solved but it is amazing how much truth and information they can get from a 15 minute reading.

Doing Tarot readings will be Royce Wood, Anne Feeney, Julie King, Rihekah Simpson, Jim Wanless and Amy Carroll doing "Angelic Tarot." Aura readers include Patty Villa, Gail Clark, Peter Muese and Lin-

da Lundy doing Aura Healing. Psychic readers will be Gerry Towle, Marta O'Mary, Raindance, and Liane Sandlin. Representing Astrology will be Brian Callas and Mary Danders. Other psychics include Joyce Day—Dowsing (or pendulum); Mary Louise Kazmierski—Numerology; Joel Smith—Foot Reflexology; Mary Ann Meagher—Chakra life readings; Ilona Gaal—Palmistry; and Roberta Godbe—healing with crystals.

Speakers will also be presented throughout the day on Saturday only. The speakers include Royce Woods, "Everyday Magic"; Roberta Godbe, "Healing with Crystals"; Joel Smith, "Hand and Foot Reflexology"; Amy Carroll, "Karmic Cleansing"; Jim Wanless, "Tarot 101"; Linda Lundy, "Energy"; Brian Callas, "Astrological Symbols"; and Ed Pio, "Creating Change".

Admission to the center is \$2. Soup, salad and sandwiches will be available from the cafeteria. Pilgrims Way Bookstore will also have books, and tapes available for purchase.

The Psychic Fair is the major annual fund raiser for Quest and all proceeds are tax deductible.

For more information call 373-2641.



Students at All Saints' Episcopal Day School assisted firefighters this year during Fire Prevention Week by helping them teach the public how to be fire safe. One of the ways they helped was designing posters to get the firefighter's message across. The contest was sponsored by Monterey Savings and Loan Association/a Division of Coast Federal Savings. Pictured are the poster contest winners: (from left to right) Lindsay Hatton (1st Grade), Audrey Nivette (2nd Grade), Elizabeth English (3rd Grade), May Woodward (4th Grade), Blake Cusack (5th Grade), Gianni Aliotti (3rd Grade), Brian Smith (5th Grade), Mia James (4th Grade), Merritt Minnemeyer (3rd Grade), John Wandke (2nd Grade), and Catlin Smith (1st Grade). The Grand Prize Winner was Gianni Aliotti. The winning posters will be on display at businesses throughout the valley.

BE SURE TO VOTE!

If in doubt as to where to vote,
Call the Elections Dept. at
424-7621

Paid Political Advertisement

Vote for *Karin* on Tuesday

"A LEADER WE CAN TRUST!"



Karin is working for our future!

We finally have a chance
to elect one of our own
to the Board of Supervisors.

Let's do it!

KARIN STRASSER KAUFFMAN

Karin Strasser Kauffman For Supervisor Committee, Box 223122, Carmel, CA 93922. Alvin Andrus, Chairman

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AUGUST 1984

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JANUARY 1985

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MEET YOUR MID-VALLEY NEIGHBORS

**Buz Womack
Bob Henderson**

What's new in the world? Ask Buz and Bob. Both are partners in Mid Valley Shopping Center's newest shop Aquarium and Tropical Fish. Along with their other partner, Milissa Womack, Buz and Bob are bringing the beauty of the under-water world to residents of the valley.

They have the best selection of salt water fish and aquarium supplies on the peninsula. They also have a good selection of fresh water fish and custom made oak aquarium stands.

If you have never owned an aquarium and want to find out what it's like stop by. Buz and Bob are ready to answer any of your questions. Or, if you're looking for something special along the aquarium lines, this is also the place to go. Just enjoying the graceful beauty of their fine specimens is a treat.

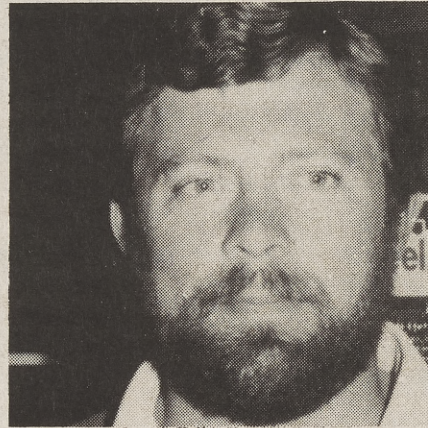
**Bill Ehrle**

What make Bill Ehrle's laundromat different from all the rest? He says it's the kind of people who come into it.

Bill has owned the Valley Maid Laundromat for the past 13 years, and prides himself on the nice facilities he has. He spends a lot of time there making sure he has the kind of place you don't mind coming back to.

Usually Bill is at the laundromat four or five times a day except holidays when the shop is closed anyway. His shop hours are 8 a.m. to 8:30 p.m. every day of the week. It is also the only laundromat in the Carmel Valley area except for one at the mouth of the valley.

Bill has plenty of washers and plenty of dryers. If you need the service of a friendly, clean laundromat the Valley Maid Laundromat is the place to go.

**Dave Wade**

If Dave Wade of Hacienda Hay and Feed looks familiar it might be because he has been in the area for over 25 years. Dave was raised in the valley but now lives in Monterey. He has been with Hacienda Hay and Feed for a year and a half and is currently the manager.

Your animals are Dave's main concern. Feeding them and caring for them. Hacienda Hay and Feed stocks all manner of feed, including horse, cat, dog and small animal supplies. They also have firewood, chickens, ducks, geese, rabbits. You name it and you'll probably be able to find it there.

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The Great American Smokeout Is Scheduled For November 15

The American Cancer Society has announced the date of the Ninth Annual Great American Smokeout which, once again, will ask smokers to quit for 24 hours.

The theme this year for the Smokeout, which will be held November 15, is "Adopt-A-Smoker. Non-smokers are asked to give a smoking friend moral support for the 24 hour "Smokeout."

The American Cancer Society (ACS) has set a goal to encourage 2 million California smokers to put their packs away for the day. "That 2 million converts into almost 27,000 smokers in Monterey and San Benito Counties. But because the Smokeout continues to grow and our Adopt-A-Smoker campaign appeals to smokers and non-smokers alike, we believe we can reach that goal," said Alan Hayashi, ACS Board of Directors, Monterey County Unit.

"Smoking is a difficult habit to break. When millions of Americans try to quit for one day, Smokeout Day, we want non-smokers to understand the effort, lend encouragement, and sympathize with relatives, co-workers and friends," said Hayashi, explaining that the day works on the principle of group support.

Festivities designed to support smokers and distract them from cigarettes will be the focus of the day. And ACS units throughout the country stand ready to assist.

The Monterey County Unit will set up adoption centers throughout the community to offer tips on quitting and information about quit smoking class and to provide support.

Martin Luther King Middle School students will express their commitment to smokelessness through essay and poster contests, while Salinas High School plans a variety of student ac-

tivities through the day. The Monterey Peninsula College faculty has challenged the student body to see which team can sign up the most smokers for adoption.

"Breathing Easy," a one-hour variety show aimed at helping teens to quit smoking, will air the night before the Smokeout, Wednesday, November 14th, at 6 p.m. on KTEH (Channel 54), at 9 p.m. on KQED (Channel 9) and other PBS stations across the country.

Last year more than one in every three smokers in the U.S. (36 percent) participated in the Great American Smokeout. Of these, over 8 percent did not smoke all day. Over 4 percent reported that they were still not smoking eleven days later.

Alliance On Aging Is Seeking Volunteers

The Alliance on Aging is currently seeking volunteers for their Community Education and Support Project.

Flexible, articulate, creative and enthusiastic people are needed to present the Alliance on Aging slide show, "A Salute to Senior Self Help" to local business and senior citizen organizations. Volunteers are also needed to contact members and other potential donors by phone, to help with office work and mailings and to contribute their ideas and expertise in expanding outreach efforts.

Volunteers will receive orientation, training and will tour the Senior Nutrition Sites, offices and Food Bank Warehouse. Those interested in expanding and developing senior citizen services call 758-0911 for more information and to make an appointment.



Herb Shoemaker, who is a regular blood donor, gets assistance from a member of the Community Hospital staff.

Semi-annual Blood Drive Will Be Held At Community Chapel On November 8

Members of the Red Cross announced that another Bloodmobile has been scheduled for November 8. The blood drive will be held from 3 to 6 p.m. at the Carmel Valley Community Chapel on Village Drive and Paso Hondo.

Regular blood donors are asked to turn out and "bring a friend." Staff from the Community Hospital of the

Monterey Peninsula and volunteers will be on hand to assist donors. The entire process takes about 30-40 minutes.

For more information on the blood drive contact Harriet Busick at 659-2374 or Janet Swanson at 659-4160.

Salinas Valley Memorial Hospital Awarded A \$25,000 Grant To The American Heart Association

The Salinas Valley Memorial Hospital has awarded the American Heart Association's local Chapter a \$25,000 grant to be used to underwrite professional education activities.

The Hospital has presented \$12,500 to the Central Mission Trails Chapter and the remainder of the grant will be given next year.

Robert Van Horne, M.D., a local cardiologist and member of the American Heart Association, CMT Chapter Board, said that the grant will be used for a seminar on cardiovascular disease for local health professionals. "We plan to bring in speakers of national stature who are currently in the forefront of cardiac research," said Dr.

Van Horne. "The field of cardiology is one that is in a period of rapid change and advancement. This grant will enable the American Heart Association to help tri-county doctors, nurses and other health professionals to keep abreast of current information."

Margaret Butterfield, R.N., Chapter Board Chairman, said the statistics show that coronary heart disease has declined a total of 27 percent from 1972 to 1982. "I believe we will see a continued decline in the next ten years, and grants such as this one from Salinas Valley Memorial Hospital are one reason for the gains we are making in the fight against heart disease," she said.

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Janice DID say she was going to bingo tonight didn't she?

Kedron Bryson Will Speak At PWN Meeting

Kedron Bryson, owner of Peregrine Services, will be the guest speaker at the November 13 Brown Bag Lunch sponsored by the Professional Women's Network of the Monterey Peninsula at the Crossroads Community Room, at noon.

Ms. Bryson's topic will be "Business FUNDamentals—Where to Start Looking When You've Lost Your Sense of Humor."

Peregrine Services, according to Ms. Bryson, organizes offices. "From shopping paper clips to taming wild micro chips, Peregrine brings efficiency, economy, and order to the workplace," she explained.

Ms. Bryson has developed a comprehensive hiring package that includes thorough testing materials. The package measures proficiency accurately and reduces the mutual torture of interviewing, thus saving the future employer a great deal of time.

"I am particularly interested in combatting boredom and apathy," Ms. Bryson said. "I hate to see their deadly effect on our daily work and our sense of worth."

Network members are admitted to brown bag lunches without charge; non-members fee is \$3. More information is available at 659-3933.

Chapel Guild Work Day

The next meeting of the Carmel Valley Chapel Guild will be on November 14th at 10 a.m. It is a planned workday for the annual Christmas bazaar which is scheduled for December 8th.

Members are asked to bring their own lunch. Dessert will be served by hostesses Sharon Campbell, Florence Naslund and Bira Wells.

Alliance On Aging Meetings Include Thanksgiving Celebration

Topics for the Alliance on Aging meetings scheduled for November were announced by Novella Nicholson. The meetings include travelogues and health as well as a special Thanksgiving celebration.

"Today in Japan" is the presentation scheduled for November 2. Reverend John R. Wilkins, a retired Methodist Minister, will be presenting the program which includes a slide show.

Another slide show, which will be presented by Dr. Reuben Johnson, Professor Emeritus of Monterey Peninsula College, is scheduled for November 9. Dr. Johnson will be presenting "Yugoslavia."

On November 16 will be a Special

Thanksgiving Celebration for members of the luncheon group.

No meeting is scheduled for November 23.

Members will return again on November 30th for "High Blood Pressure: Facts and Treatment." The speaker will be Lorraine Biondi, a Captain in the U.S. Army. Ms. Biondi is giving the presentation as a class requirement.

The Alliance On Aging meets every Friday at the Pacific Grove Community Center. Meetings begin at 11:30 a.m. with lunch served at noon. Fee for the lunch is \$1.50.

For more information call 649-1222.

Stamp Collectors Will Gather On November 4 At Holiday Inn

The annual Monterey/Carmel Stamp Collectors Convention will be held this year on Sunday, November 4 at the Holiday Inn, Highway One and Rio Road, Carmel.

Ten stamp and cover dealers from throughout California will be attending with their stamp and covers on display for sale or trade.

Door prizes will be given away hour-

ly and the first 10 collectors attending will receive gift certificates good at any dealer's booth.

Hours are 10 a.m. to 5 p.m. Admission is free and open to the public.

For more information contact the Monterey/Carmel stamp collectors convention, P.O. Box 5502, Redwood City, CA 94063.

American Association of Retired Persons And Alliance On Aging Are Offering A Defensive Driving Class For Seniors

Senior citizens are being offered a Defensive Driving class Wednesday, November 7 and Thursday, November 8 by the Alliance on Aging and the American Association of Retired Persons.

The class meets from 1 to 4:30 p.m. at the Monterey Neighborhood Center on Dickman and Lighthouse. It features seven hours of review of

knowledge of the vehicle code and safe driving skills. Volunteer instructors for the class are Nick and Novella Nicholson.

There is a \$7 fee involved, which goes to the American Association of Retired Persons office in Washington, D.C.

For more information call 659-2172.

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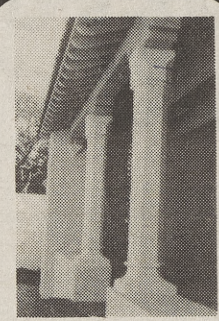
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(Editor's note: Crossword solvers are welcome to write Crosswords PLUS editor Stanley Newman with any questions pertaining to this issue's crossword or crosswords in general. All queries will be answered. Write Stanley Newman, American Crossword Federation, 443 Park Ave., South, New York, N.Y. 10016.)

Brain Stretcher, by Bert H. Kruse

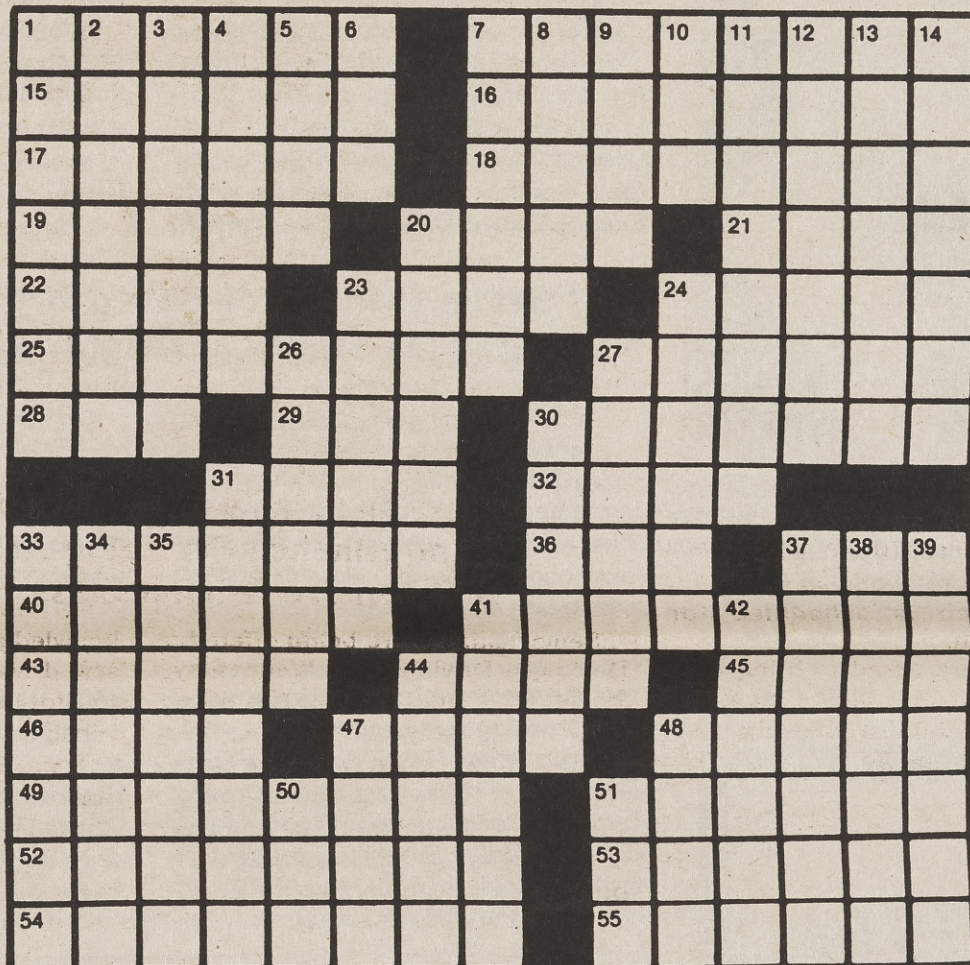
ACROSS

- | | | | |
|--------------------------|-----------------------|-----------------------|------------------------|
| 1 Yugoslavian metropolis | 5 Danish weights | 20 Besmirched | 37 Boat rope |
| 7 Conquered | 6 98.6, 101, etc. | 23 Struck on the pate | 38 True |
| 15 Nab | 7 Fixes potatoes | 24 Experts | 39 Starts a paragraph |
| 16 Estrange | 8 Change | 26 Turkish inn | 41 Middlesex middle |
| 17 Halts | 9 Originate | 27 Mississippi resort | 42 During |
| 18 Jimmy Stewart role | 10 Drink | 30 Contributors | 44 Assail |
| 19 Hang about | 11 Involved | 31 Island off L.A. | 47 Repetitive greeting |
| 20 Quaker pronoun | 12 Diamondback | 33 Western ranches | 48 Ming item |
| 21 Busy | 13 Prima donnas | 34 Four, in Florence | 50 One quarter of M |
| 22 War goddess Athena | 14 Ivory, for example | 35 At full strength | 51 Famous uncle |

- 23 Max or Bugs
24 Gram or meter leader
25 Tennis players, e.g.
27 Whalebone
28 Kind of man
29 Spoil
30 Various
31 Astaire prop
32 Fetid
33 Evened up
36 _____ compos mentis
37 Greek letter
40 Kicked
41 Crew director
43 Morocco's capital
44 Son of Zophah
45 Stag's mate
46 Cousin of etc.
47 Fowl
48 Lombardi
49 Elegant writer
51 Bambi's creator
52 Torrential rain, e.g.
53 Speak out
54 Transparent mineral
55 Poet laureates' concerns

DOWN

- 1 Presidential name
2 Iris parts
3 Surfaces, as certain roads
4 Close up again



Answers page 20

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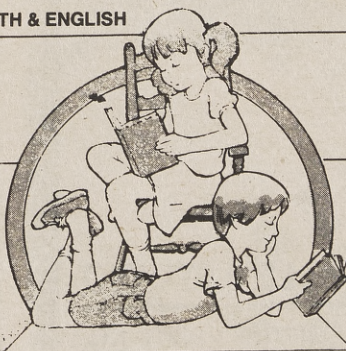
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ENTERTAINMENT

Hartnell College Presents "The Fantasticks"



A parable about love between a girl, played by Carrie Howlett, and a boy, played by Michael Romero, is the basis for the musical "The Fantasticks." The longest running musical in the history of The American Theatre plays in the Studio Theatre at Hartnell College in Salinas. Performances continue November 2, 3, 9, 10, 11, 16, 17 and 18. Performances begin at 8 p.m. The play is directed by Ron Danko with musical direction by Rebecca Nelson. For reservations call 758-1221.

MPC Dance Department Will Present Their Annual Faculty Dance Concert

The Monterey Peninsula College Dance Department will present its annual Faculty Dance Concert on Friday and Saturday, November 2 and 3, at 8 p.m. in the MPC Theatre.

Included on the evening's program are a number of solos and duets danced by faculty members Dawn Sare, Walter White, and Janet Butler, as well as guest performers from throughout the Monterey Peninsula. One duet, entitled "Edges of Illusion," features White and Ms. Butler in a comedic dance piece sharing just one costume.

Guest performers will include several dancers who are new to the peninsula. Jennifer Clark and Christine Belleci, both teachers of dance at the Monterey Dance Workshop, will perform a duet, "New Friends," and Ms. Clark will also dance in solo to Lionel Richie's "Hello." April Brannan, currently working as assistant teacher for the Seaside High School Dance Class, will perform a

duet with Janet Butler entitled "Flowers from a Misanthropic Lover."

A highlight of the program is a piece entitled "Naming the Animals," choreographed by Ms. Sare, which features a visual backdrop of animal drawings by students of Georgia Booth's third grade class at Robert Down School in Pacific Grove. The slide show includes drawings of Bobby Kosaka, Silveria Roam, Sammie Kabat, Peter Murray, Kelsey Berreckman, and Rui Barcelos. Drawings from the entire class will be on display in the Theatre Lobby during the concert. The dance and one other entitled "In the air" feature performances by MPC dance students.

General admission to the concert is \$4, students and seniors \$3, with tickets available at the door. For advance reservations, call the MPC Physical Education Office at 646-4220.

"Seven Brides For Seven Brothers" Will Be Presented On Stage One Night Only At Flint Center

The high-energy musical romance, *Seven Brides for Seven Brothers*, will be presented by H.A.S. Productions at the Flint Center in a single performance on November 9. The show is a stage adaptation of the movie classic, featuring memorable songs by Johnny Mercer and Gene de Paul and a spectacular display of acrobatic dancing and brawling good humor.

Seven Brides is produced locally by Henry A. Schiro, who has already brought Broadway touring companies of *Sugar Babies*, *Evita*, *Camelot*, as well as the Ballet Ensemble from the Royal Ballet to San Jose this year.

"I wanted to present *Seven Brides* because it's got everything the family audience is looking for—rousing music, stupendous dancing, and a whole stage full of attractive young performers. I guess you could sum it up as really upbeat, wholesome hoopla—an evening of sheer fun," Shiro stated.

Tickets for this one-time-only performance of *Seven Brides for Seven Brothers* are available at the Flint Center Box Office 257-9555, the San Jose Box Office 246-1160 and other major outlets.

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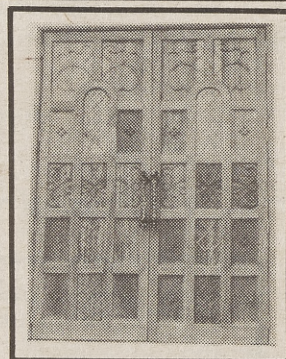
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Winnie McFarlin Stitcheries Will Be On Display At Sunset Center

Winnie McFarlin Lay of San Antonio, Texas, will have an exhibition of her stitcheries in the Marjorie Evans Gallery at the Sunset Community and Cultural Center in Carmel from November 2 through November 28. A reception to meet the artist will take place from 4 to 6 p.m. on Friday November 2. The public is invited.

Lay explains that she uses materials and yarn to create contemporary wall hangings, most of which depict scenes of "The Great Southwest." To create her stitcheries, she uses various colors and textures of fabric in her designs. These are placed on a background and when they are arranged as she wants them, they are sewn in place. Yarn is

then used to highlight and embellish the design as well as add more texture.

Ms. Lay studied design at San Antonio College and a brief stitchery course with the late Martha Mood of San Antonio and San Francisco. She has taught stitchery and batik at Trinity University, San Antonio, and the Institute of Texan Cultures, University of Texas at San Antonio. Ms. Lay has shown her work at the McAllen International Museum; University of Texas at San Antonio, and the San Antonio Junior League's Bright Shawl Show. Some of her one-man shows have included Laredo, Longview, and San Antonio, Texas and Pebble Beach, California.

Her works are known from Maine to California and are in the collections of Bill Blass, New York; Mr. and Mrs. John Hicks, Carmel; Mrs. W.E. Watson Hilton Head Island, South Carolina; and Mr. and Mrs. Donald Power, Houston and Perth, Australia.

Ms. Lay will hold a one-day work-

shop at Monterey Peninsula College on November 3. Her exhibition at the Marjorie Evans Gallery will be open free-of-charge to the public each weekday from 9 a.m. to 5 p.m. and usually on nights of performances in the Sunset Theater.

California Insurance Group Will Hold A Photographic Competition

The California Insurance Group has inaugurated a yearly photographic competition that will use its annual report to showcase winning entries, Chairman Charlie Bancroft announced today.

"Corporate annual reports typically feature pictures of people and products," Bancroft noted. "Our company has encouraged fine photographic art in its past three annual reports, and now wants to recognize annually those individuals who've committed themselves to excellence in photography."

Judges for the first competition will be Morley Baer of Carmel, Dick Garrod of Monterey, and Jerry Takigawa of Pacific Grove.

Amateur and professional photographers living in the counties of Monterey, Santa Cruz, San Benito and San Luis Obispo are eligible to enter. There will be no entry fee.

Prizes are a \$300 best of show award, \$150 second place, up to eight

\$50 honorable mentions, and a \$200 President's Award for purchase of an image that will be displayed permanently at the CIG headquarters.

In addition to being published in the 1984 CIG Annual Report, winning photographs will be displayed in the eight California cities where the company has branch offices. They will be displayed March 1 through 15 at the Monterey Conference Center. And a catalog will be available wherever the exhibit is shown, including reproductions of the winning entries, plus prices that winners wish to charge for collectors' prints.

Full details and entry forms will be available soon at camera stores, college photo departments, photo galleries and other outlets. Further information can also be obtained from Robert Neubert, the CIG's senior consultant for advertising and public relations, by writing the CIG at 2300 Garden Road, Monterey, CA 93940, or by calling 372-7112.

Monterey Peninsula Museum Exhibits Continue

A variety of exhibits will continue at the Monterey Peninsula Museum of Art.

Among the continuing exhibits are the landscape photographs by award-winning Morley Baer. His exhibit continues through November 25.

Also on display will be the works of Loet Van Der Veen. His exhibit includes architectural sculptures in stoneware as well as bronze and stoneware animal figures. His exhibit also continues through November 25.

A collection of photographs of nudes by the late Wynn Bullock are

currently on display until November 25. This is the first one-man show for his photos at the Museum.

The "Outside New York" exhibition, which features contemporary American artists from all over the country will also continue until November 25.

The Monterey Peninsula Museum of Art is located at 559 Pacific Street in Monterey. Hours are Tuesday through Saturdays from 10 a.m. to 4 p.m. and Sundays from 1 to 4 p.m. The Museum is closed on Mondays and Holidays.

PG Art Center Will Hold "Art Sandwich" Gatherings

The weekly "Art Sandwich" gatherings at the Pacific Grove Art Center will continue. The weekly event is for those interested in learning more about art and its history, creation and collection.

"Art Sandwich" offers art lovers an opportunity to meet artists, collectors, critics, gallery owners, etc. who make presentations on their expertise in an informal atmosphere. Those attending should take a brown bag lunch. Coffee and tea will be provided. A donation of \$2.50 for non-members or \$1.50 for members is requested. The talks are presented each Wednesday at noon in the Photography Gallery of the Art

Center.

Scheduled for the next gatherings are Deborah Amaral on October 31. Ms. Amaral is the owner of Deborah's Arts and will be giving a painting demonstration with oil paints.

Artist Jean Wilson-Brenner will be presented on November 7th. Her presentation will be "The Artist and the Evolution of Her Work."

Artist Will Bullas will be presented on November 14. He will discuss "The Artist and His Work." Bullas' works are currently on exhibition at the Art Center.

For more information on the "Art Sandwich" gatherings call 375-2208.



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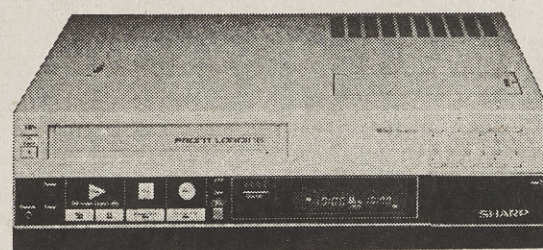
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PG Art Center Will Continue Its Outreach Program

The Pacific Grove Art Center will continue its program of outreach and education with classes for the Winter Season.

The Children's Multi-Media class, taught by Joyce Lair will be continuing on Fridays from 3:30 to 4:30 p.m. in Gallery 19. Students receive instruction in collage, monoprints and painting. Lair is a recipient of the prestigious Vanderlip Art Fellowship and has studied art in Paris and at the Minnesota School of Art. The class is supported by a grant from the Crosby Children's Fund and space is limited. There is a registration fee of \$10 and the class is for children 8-12 years old.

A Screenwriting Workshop and Seminar will be held on November 5, 7-10 p.m., November 7, 7-10 p.m. and November 10, 10 a.m. to 4 p.m. The class is designed for both the novice and experienced writer interested in developing and writing a motion picture or television script. A step-by-step outline of screenplay and teleplay components from the original idea through the actual writing, polish and marketing of the script will be provided. Materials will include motion picture and television scripts and the viewing of the corresponding video for

questions.

Also available is a class for the Advanced Student. Accompanying the basic workshop will be a 12 hour intensive class for advanced students having completed or in the process of writing a screenplay. Advanced students wishing to have their scripts edited and analyzed by the instructor should submit them no later than November 1, 1984. The tuition for the workshop is \$75, additional tuition for the intensive workshop is \$50. The Advanced Intensive is scheduled by request.

The instructor of the screenwriting class is Madeline Di Maggio. She has worked as a Hollywood freelancer and studio contract writer for the last ten years. Her credits include six movies for television and 21 episodic television shows, in both the dramatic and comedic format, including "Hart to Hart", "Fantasy Island", and "Bob Newhart". While under contract to Paramount Studios and NBC, she worked as a Creative Consultant and Story Editor, and developed six pilots for television. A recent resident of the Monterey Peninsula, she is currently writing a motion picture.

An Evening Of Wine Tasting Is Scheduled As A Benefit For PG Art Center

The Pacific Grove Art Center will present an evening to delight the senses on Friday, November 9, from 7 to 9 p.m. in the Spyglass Restaurant in the La Playa Hotel at 8th Avenue and Camino Real in Carmel.

The event will offer an evening of wine tasting, hors d'oeuvres and music. Among those contributing food and wine are: Jekel Vineyards, Ventana Vineyards, The Monterey Vineyard, The Monterey Peninsula Winery, Mirassou Vineyards, Wolfe, Talbott Winery, Perry House, The Tinnery, Hammerhead's, La Playa Hotel, Latitude 36, The Point, Wente Bros.

Vineyards, Morgan Winery, Chateau Julien Winery, Smith & Hook Winery, Durney Vineyard, Gabrielle y Caroline, Sardine Factory, Franklin Street Bar & Grille, The French Poodle, Aronson's Gourmet Catering, Gallatin's, Fandango's, and Bayou Cafe. Music will be provided by the "Carmel Early Music Consort" and Classical Guitarist, Jeffrey L. Workman.

Reservations are limited and require an R.S.V.P. by November 2. Tickets are \$25 per couple or \$15 for individuals.

For more information call 375-2208.

Art Center Is Seeking Participants For "Art In Public Places" Program

The Art in Public Spaces Program is an outreach program of the Pacific Grove Art Center. It allows the public direct access to the works of outstanding artists from the Monterey Peninsula.

The Art Center is currently seeking additional artists to participate in this innovative outreach program. Works of art of the highest quality; works that enhance the quality of life in our area and are a source of pride to our residents are what the Art Center is seeking. Selected works will reflect a

diversity of style, scale and design. Sites range from interior office spaces to large public buildings.

Visual artists in all media who are interested in participating in this project should submit slides (no more than 20 or recent work in 35 mm) and training and exhibition resume for consideration to the Art Center at 568 Lighthouse Avenue.

For more information contact Carol Huntington, Deputy Director of the Art Center at 375-2208.

Pica Will Hold An Advertising Design Workshop

Central Coast graphic arts professionals will be getting together in Monterey on November 9 when People in Communication Arts (PiCA) presents two well-known Bay Area designers for an inside look at the creative process behind the advertising business.

Kit and Linda Hinrichs of San Francisco, winners of many awards for their

innovative approaches to graphic design, will show their work and talk about what makes effective design. The Hinrichs' art has been featured in such prestigious journals as Graphis, Communication Arts, Idea and Print magazines.

The workshop begins at 8 p.m. Admission is \$7. For more information call 624-2693.

Cachagua Volunteers Will Hold A Turkey Shoot

The Cachagua Volunteer Fire Company will hold a Turkey Shoot on both November 3rd and 4th. Competition begins at 8 a.m. both days and will be held in the Cachagua Valley.

For \$3 participants can shoot a round with 12 gauge shotguns. The winner in each round receives a turkey or ham. Shells and shotguns will be provided. There will also be a kids BB gun shoot. Eye and ear protection are required to shoot.

New this year will be a pistol range on Sunday only. Three clay pigeons will be mounted on a target board. The first to break three birds wins.

A raffle will be held on November 4. Among the prizes being offered are a Remington 870 12-gauge pump shotgun, Briggs & Stratton 5 h.p. engine, 12 bottles of Cabernet Sauvignon Wine from Durney Vineyards, one-half cord of oak firewood from Rod Kenyon, wall paint from Murphy's Lumber, rifle ammunition from del Valle Gunsmithing, a Mit-

chell 4410 fishing reel from Peninsula Sports, two sets Silencio Ear Muffs from Trigger Hill, 1 hour for two people at Blackthorne Hot Tubs, \$20 off tax return from Village Center Bookkeeping, large sack of dog food from Hacienda Hay & Feed, bath and flea dip from Mid Valley Pet Spa, large pizza from Village Pizza, free bottle of wine with dinner from Graciellas, and a free bottle of wine with dinner from Nelson's International Seafood Restaurant. Winners need not be present to win.

Throughout the day there will also be hot dogs, beverages and coffee for sale.

All proceeds from the event benefit the Cachagua Volunteer Fire Company for operating costs. Tickets are available at all the local fire departments and on the day of the Turkey Shoot.

For more information call 659-2678.

St. Dunstan's Plans Annual Christmas Bazaar

With Christmas fast approaching its time for the holiday bazaars. The first to appear is the St. Dunstan's Annual Holiday Bazaar scheduled for November 3 from 10 a.m. to 2:30 p.m. at the church on Robinson Canyon Road.

Shoppers can browse among a

selection of hand-crafted gifts, Christmas decorations, homemade breads, cakes, jams, jellies and a variety of other items. A gourmet lunch will be served from 11:30 a.m. and costs \$5.

For more information call Virginia Miller at 625-7613.

New Year's Eve Gala Reservations Are Being Accepted

A New years Eve Gala at the new Monterey Sheraton is in the works. Tickets are limited and reservations must be submitted by November 15.

The evening will feature dancing to top 40 and Country music and will also feature a show by Nashville recording artist "Noel".

Admission, which is \$75 per person,

includes a full course Prime Rib dinner.

The event is sponsored by Cash Productions with a portion of the proceeds going to the American Lung Association. Tickets are available at: 140 Central Avenue, Salinas, CA. For more information call 424-8667 or 757-5864.

Quest Schedules Writers Clinic

Beginning Wednesday, November 7, Quest will offer a clinic for writers.

"The Poet's Eye: A Weekly Written Works Clinic" has been organized to offer an informal, "generative" and inspiring atmosphere to share the written works with those participating in

the group. The fee will be \$1 per session.

Sessions will meet every Wednesday from 2 to 3 p.m.

Call Quest at 373-2641 for location and registration information.

Hikes And Bike Rides Are In Sierra Club Outings Plans

Three outings have been scheduled for the first part of November by the Sierra Club.

Snively Ridge will be the November 3 hike. The hike will start at the top of Holt Road and climb over Snively Ridge and descend into Garzas Canyon. The outing covers about 8 miles. Hikers will meet at Brinton's at 9 a.m. to carpool and arrange a shuttle. Lunch, water, good shoes and a carpool donation of 75 cents is needed. Phil Hartman will lead the outing.

On November 4 a biking expedition is planned. Riders will meet in Monterey at 333 Dorado Street. From there riders will travel about 15 miles

from Monterey to the Del Monte Forest via the coast and return through Pacific Grove. Lunch and water are needed. Art Benoit and Mary Gale are the leaders.

Pick Creek Falls is the scheduled hike for November 10. This is a challenging hike covering a total distance of about 10 miles with a climb of 1200 feet in each direction so hikers must be in good condition. Hikers will meet at Brinton's at 7:30 a.m. Lunch, water, wind breaker, sturdy shoes or boots and a \$3 carpool donation are needed. Rudd Crawford and Sam and Nancy Hopkins will lead the hike.

Nuclear Weapons Freeze Group Will Hold A Benefit Race

A four-mile "Run For Your Life" race to benefit the nuclear weapons freeze will be held on Sunday, November 4 beginning at 2 p.m. at the Monterey Peninsula College Cross-Country Track.

Sponsored by the Monterey County Nuclear Weapons Freeze, the race offers prizes for the top finishers and will be followed by live music by the group The Touch.

Runners must pay a \$5 entry fee. For more information contact the Nuclear Weapons Freeze Office at 625-4220.

Audubon Society Have Scheduled A Trip Through The Salinas River Wildlife Area

A field trip through the Salinas River Wildlife Area is scheduled for November 4 by the Monterey Peninsula Audubon Society. Birdwatchers will meet at the K-Mart parking lot in Seaside at 8:30 a.m. for carpooling or at the wildlife area parking lot at 9 a.m.

The leader for the outing is Brian Weed.

For more information call 373-2019.



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Karin

It's coming down to the wire for election day which is November 6th. In this election we will be deciding on who we want to run the country for the next four years (Reagan or Mondale), who our United States Representative will be (Panetta, Ramsey, or Anderson), who will be our State Assembly representative (Seastrand or Langford) and who will be our 5th District Supervisor (Brunn or Kauffman). We will also be voting on 12 constitutional amendments and 6 general obligation bond measures.

Locally, the race for 5th District Supervisor has been in the forefront this election year. If you have not yet made a decision as to whom to vote for, perhaps the following statements and information from the candidates will help you make up your mind.

The main issues in the campaign for Howard Brunn and Karin Strasser Kauffman from the beginning have been water, traffic, and land use and the two candidates have spoken to these issues in countless forums. If they agree on the issues then what are the differences between these two candidates?

According to Brunn, the main difference is in knowing the territory. "Having the depth and understanding and the experience in the area for a number of years that I've been fortunate enough to live here, cannot be underestimated if someone goes to make a decision at the Board of Supervisors." Brunn said his opponent has consistently referred to "we can't go back to the good old days."

"I think it might be well to examine what was accomplished well before she moved to this area by some of the folks (myself included) who were here during those good old days," said Brunn.

"People such as Ansel Adams, Sam Morris, Col. Alan Griffin, Nathaniel Boing, Frank and Paul Porter. These were not just good old boys, these were people who had a love of Carmel Valley, Pebble Beach and an understanding of the entire Fifth District. They were able to translate that respect for this area into a planning process that makes it possible for us today to continue to enjoy a great deal of the amenities and quality of life that we all come to cherish."

Ms. Strasser Kauffman cites several

key differences between herself and her opponent. One of the differences she said is their judgement or management style. Another key distinction is their range of support. The number one difference, however, she said is in county level experience.

Ms. Strasser Kauffman, who has taken a leave from teaching political science at MPC, says she knows the problems of the Fifth District, she knows the personnel, she knows the budgets and has attended the budget hearings and never saw her opponent there. "The (budget) process is complicated but I know it," she said.

Brunn disputes the claims that he has no county level experience. "I was attending the County Supervisors meetings as an advocate of our environment long before my opponent moved to this area," said Brunn.

"Having the depth and understanding and the experience in the area for a number of years that I've been fortunate enough to live here, cannot be underestimated..."

Although he has never held elective office at the county level he states, "I feel I've spent many more hours in the Board of Supervisors Chambers and working with various departments and department heads than my opponent, who has never held ANY elective post." Brunn, who has owned and operated several businesses and served on a number of boards, was previously elected to the Carmel-by-the-Sea City Council and served as acting mayor.



Karin Strasser Kauffman

Arguing against the issue she has never held any public office, Ms. Strasser Kauffman said she has been elected to and served on a "great number of boards and commissions. Unlike my opponent who has not serv-

fund for the dam which the debt service for would otherwise be intolerable, and added that he felt the Water Management District Board was not exploring alternative financing enough. He said the board "takes a

The Fifth District The Candidates Face Off

ed, EVER, on any County Board or commission even in an advisory capacity."

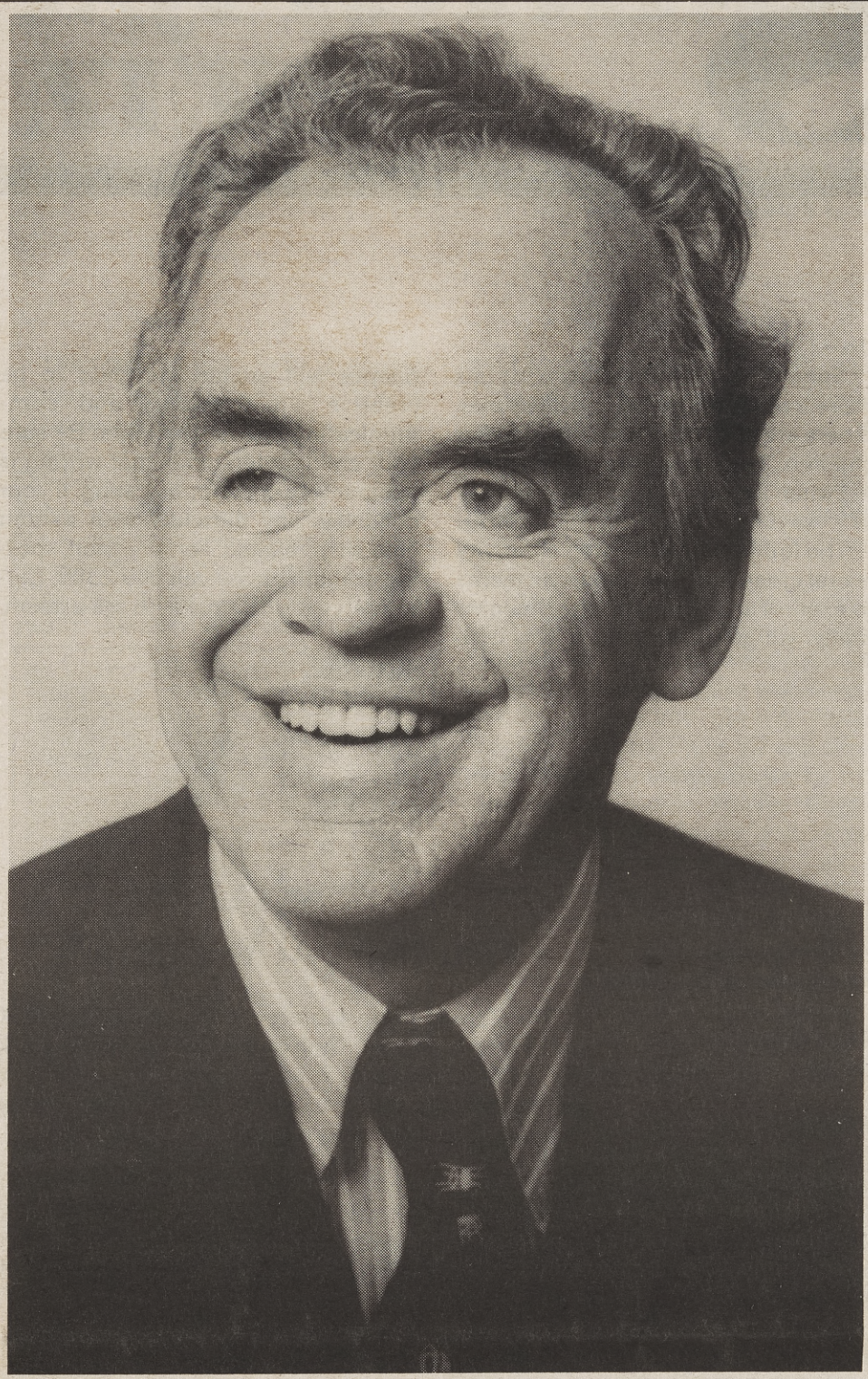
To this Brunn would disagree and states that he has been instrumental in many of the planning processes over the years. His most recent input has been regarding the financing of a new dam for the Carmel River. According to Brunn he was instrumental in petitioning for a citizens advisory committee to review alternative financing for the proposed dam. "I was very instrumental in seeing that that committee got formed and I'm going to follow through with their deliberations..." said Brunn.

Brunn favors providing a sinking

narrow view of many things." Some ways of alternative financing Brunn suggested were a joint venture with the county in revenue sharing of property tax, or having the developer provide for the water connection fees.

Brunn questions some of the policies of the Water Board and says the public should understand that the "kind of alternative boondoggling by the Water management District is very possibly a way that is making it less possible for a dam on the Carmel River to become a reality," and added "let there be no mistake, Howard Brunn favors a dam on the Carmel River. Let's get on with it."

Ms. Strasser Kauffman says she also



Howard Brunn

favors a dam but speaks more favorably of some of the recent policies of the Water Management District. She said that they must investigate alternatives like the water hyacinth project in case the dam

ciliatory force."

"I have the management skills, I have an excellent track record in the community uniting diverse interests. And, I am determined to have a good solid dignified working relationship

Fifth District Candidates Face Off

doesn't happen. She said we must provide for our future water supply. Financing that water supply she said would be painful and difficult for everyone and added that everyone must share the burden.

Both candidates want to bring a unity to the Board of Supervisors that has not been present in the past few years. Brunn said he would restore the trust that has not been present recently. "I believe I can make a difference," he said.

"I am assured that I have enough common interest with the supervisors that I can also work well with them."

In uniting the Board Ms. Strasser Kauffman said she would "be a con-

with the other four supervisors." She also said that she would work to improve city/county relations which have seriously deteriorated in the past.

As Supervisor, both candidates see themselves in full time positions. Ms. Strasser Kauffman said the Fifth District takes more time and is known to have a very demanding population. She plans to spend a "good amount of time in the neighborhoods" and adds that each area needs personal attention.

Brunn agrees with giving personal attention to the district because "each area has separate and individual concerns." He said he intends to spend 50 to 60 hours per week on the job. "If I

BRUNN

find I'm not needed as a full-time supervisor in the Fifth District, which I seriously doubt, I will reimburse the county pro-rata for any portion of the salary that I did not earn."

Part of a Supervisor's responsibilities is in making land use decisions. Both candidates offer a different approach in this aspect. Brunn believes that no one should be shut out of the planning process. On issues

"Is it not more fair to say outright, here are the rules.. Work within these guidelines and present us with a quality project."

such as the Rancho San Carlos Brunn said that he doesn't "come up with any number of units" but feels Mr. Oppenheimer "should not be shut out of the process. Karin Strasser Kauffman recommends 500 units. The Planning Commission recommends 2,000 units. I don't know if either is correct but 500 units effectively puts the man out of business."

"He should at least be given the opportunity to bring a plan in before you've told him no way Jose."

Ms. Strasser Kauffman said "let's not play those old games. Both residents and developers have been encouraged to bring a plan and oppose a plan and when they do a developer is told, well, go back for more studies, do another EIR. Bring us additional information. When they do, they're told...Come back in another year. Is it not more fair to say outright, here are the rules..Work within these guidelines and present us with a quality project.

To this Ms. Strasser Kauffman added "you don't build out, you protect and nurture the area for the people who live here already." She said

developments must be developed carefully and what type of development we want has to be decided, not what the developer wants. This stand has earned her a no-growth reputation with some. But, according to Ms. Strasser Kauffman, her policy is strictly limited, planned, controlled growth. She said our area has very little room to grow besides, she added, the population doesn't want it. Whatever growth does take place she says should be planned for and newcomers should adapt to our guidelines.

On some land use issues the candidates have opposing views. Brunn has spoken out against the proposed expansion at the Jamesburg Earth Station while, Ms. Strasser Kauffman continues to study the issue before taking a stand. They both agree, however, that the Supervisors decision for four units per acre on the Carmel Valley Airport is way too high.

One of the concerns of citizens if Brunn should be elected is his association with Carmel and the influence of Carmel Politics on the Board of Supervisors. Brunn said "Carmel Politics was an interesting and educational experience for me."

"Because of some of the petty bickering and narrowness of thought expressed by some of the members of the Carmel City council that are today supporting my opponent is the main reason I chose not to run again for the Carmel City Council." He said two members of the City Council would have been difficult for him to continue working with and that's why he chose not to run for re-election.

For Brunn the hardest aspect of his campaign has been the primaries. He said even though he had professional management in his business he still had to spend a certain amount of time there. Ms. Strasser Kauffman said the hardest aspect has been having to keep talking when "I'm ready to take action."

After the election both have plans on attending a seminar in San Diego for newly elected Supervisors. Both also plan to take time to spend with their families and then prepare to take their position in January.

VOTE

BOOKS

THE BOOKWORM

by Mary Berta

With special training a child with a specific language disability improves in the ability to read and to understand, but still lags behind in the ability to write good sentences in a composition. This is true whether the child attempts a story or writes in a subject area, such as social studies, geography, etc. Also, a child may be able to pass spelling tests, but still misspell the same words in a

composition.

There are several remedies for these difficulties. First, a child needs to be taught how to organize thoughts as if presenting a talk to a small group. This involves choosing the subject. Perhaps the talk could be about a favorite pet. Describe the pet, telling its size, color, and shape. Use similes, such as, "ears as soft as velvet". Tell where it lives, how to care for it, and what it

does.

Show the child how to make the talk more interesting by using a thesaurus. There are simplified ones for younger children. The talk will be more appealing when the child uses a different way of saying the same thing.

The foundation of written creativity is oral creativity. The child who learns to express and communicate thoughts orally will gain confidence. This con-

fidence will enable the child to be creative when writing and communicating his/her thoughts. Be sure your child understands that writing is another way of communicating. If your child has any difficulty with written creativity, reading, comprehension, spelling or math please call 659-2305. Early intervention is crucial to self-esteem.

PEOPLE ARE READING

News from the Carmel Valley Library

NOW AVAILABLE

1. *Crescent City* — Belva Plain
A Jewish woman's view of 19th-century New Orleans.
2. *The Butter Battle Book* — Dr. Seuss
Dr. Seuss warns, with words and pictures, about the nuclear arms race.
3. *Loving Each Other* — Leo Buscaglia
How to enjoy life to the fullest.
4. *Strong Medicine* — Arthur Hailey
A woman struggles to succeed in the pharmaceutical industry.
5. *God Knows* — Joseph Heller
Story of David, King of Israel, as told by Heller's wonderful humor.
6. *West of Sunset* — Dirk Bogarde
A novel of Hollywood.
7. *The Weaker Vessel* — Antonia Fraser
Explores the life of women in 17th Century England.

8. *The Zurich Numbers* — Bill Granger
Espionage thriller by the author of *The British Cross*.
9. *Last Days* — Joyce Carol Oates
Collection of short stories.

COMING SOON

1. *The Case of the Murdered Mackenzie* — E.V. Cunningham
2. *Demon in the Skull* — Frederik Pohl
3. *The Forest* — John Wainright
4. *Carter's Castle* — Wilbur Wright
5. *Role of Honor* — John Gardner
6. *Death of Kashmir* — M.M. Kays
7. *The "Good War": an oral history of World War II* — Studs Terkel
8. *The Talisman* — Stephen King & Peter Straub
9. *Duse: a biography* — William Weaver
10. *The Servant's Tale* — Paula Fox

Film Night At The Library

The Carmel Valley Library will screen the film *Meet John Doe*, with Gary Cooper and Barbara Stanwyck, on Friday, November 2, at 7:30 p.m. This activity is sponsored by the Friends of the Carmel Valley Library. For more information call 659-2377.

Pre-school Story Program

Monterey County Library Youth Services Coordinator, Sonia Church, will be presenting a six-week series of pre-school story times at the Carmel Valley Branch beginning on Thursday, November 8, at 11 a.m. Pre-registration is required. To register, please call 659-2377.

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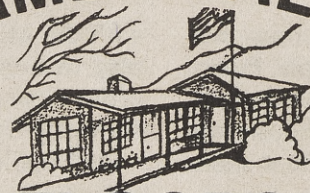
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EQUESTRIAN NEWS

by Sally Hudson

Courtesy of Hudson & Co.

The USET/AHSA, CDS (California Dressage Society) Regional Dressage Championships were held September 20-23 at the Sonoma County Fairgrounds in Santa Rosa. Nancy Rohan's grey, T.B. Counting, placed 8th in the first level finals out of 33 horses. This qualified Counting for the CDS first level Horse of the Year award. Jennifer Roth rides Counting



Jennifer Roth on Counting.

for Nancy. Sandra Howard from Watsonville won the CDS first level Horse of the Year award riding Pilgrim. Jennifer Roth was invited to participate in the U.S.E.T. training session which was held in Westlake Village on October 22-25. The session was conducted by former Olympic Coach Mr. Melle Van Bruggen.

The 131st Annual California State Fair Horse Show was held in Sacramento on September 13-16.

Patty & Terry Stumbaugh had an excellent show. Both Patty and Terry ride with Rushwood and are trained by Michelle Rush.

Patty riding Dragon Wings won two of her Jr. Hunter classes and placed 2nd in the other two. Patty also placed 2nd in the Stake Class and was the Reserve Show Champion Jr. Hunter 14 and Under. Patty and Flight Instructor placed 3rd in four Jr. Hunter classes and 5th in another. Patty and Flight Instructor also won a Children's Jumper class and placed 4th and 6th in two other jumper classes. In the medal classes, Patty placed 3rd on Barbara Worth, 6th in the AHSA and 8th in the

CPHA medal. Patty was also the Show Champion 11 and Under for Equitation after winning all four of her classes.

Terry riding Dragon Wings placed 2nd in the Onondarka Medal and the Novice Equitation Stake 11 and Under.

Joanne Robbins riding On My Honor won a 1st, 3rd and 5th in Childrens Hunters 12-14 and placed 8th in the Stake Class. Joanne also won firsts in Maiden Equitation 12-14, Novice English Pleasure Stake 14 and Under and Maiden Equitation Stake 12-14. She placed 2nd in Novice English Pleasue 14 and Under and Novice Equitation Stake 12-14, 3rd in Novice Equitation 12-14, 4th in Equitation 14 and Under and English Pleasure 14 and Under. Joanne also placed 5th in Hunters Under Saddle Stake 14 and Under, 8th in Equitation Stake 12-14 and 6th in the Onondarka Medal. Joanne also rides with Rushwood.

Other Rushwood riders were Amy Plomteaux riding Keep Smiling who won a 2nd in the AHSA Medal and a 5th in the Novice Equitation 12-14 and 8th in Novice Equitation Stake.

Denize Borges riding Keep Smiling placed 2nd in CPHA Medal and 3rd in the F.E. Hart Medal.

Kelly Kurz riding Suspended Animation placed 5th in CPHA Medal and in Jr. Hunters 15-17. Kelly placed 3rd in two classes and 4th in another.

Kasey Owens riding Cover Time was Reserve Champion Hunters Under Saddle and was Reserve in the Nor Cal Medal.

In the pony division held at the California State Fair, Terry and Patty Stumbaugh with their ponies Mary's Bell and Mary's Mikado won the Show Champion Pony and the Reserve Show Champion Pony, respectively. Terry and Mary's Bell won the Pony Hunter Stake, a Pony Hunter class and also placed 2nd and 3rd in two other Pony Hunter classes. In the Pony Hunter Under Saddle Terry was Reserve Champion and in Pony Equitation Over Fences, Terry placed 3rd in two classes and was the Reserve Show



Rushwood Ribbon Winners at the California State Fair included: (front) Alexandra Adams, Terry Stumbaugh, Patty Stumbaugh and Mia James. (Back Row) Amy Plomteaus, Denize Borges, Kasey Owen, Kelly Kurz, and Joanne Robbins. Photo by Royal Adams.

Champion.

Patty and Mary's Mikado also won a Pony Hunter class, was 3rd in one, 6th in another and 3rd in stake. In Pony Hunters Under Saddle Patty won both classes. In Novice English Pleasure Patty was 3rd and 2nd in the Stake. In Open English Pleasure, Patty won the Pleasure Stake 14 and Under and was the Reserve Open Pleasure Show Champion 17 and Under.

In the Welsh pony division, Terry and Melody in G were the Show Champions. They won the English and Western Pleasure 10 and Under, were Reserve in both Stakes and placed 2nd in Trail, Equitation 10 and Under, Pleasure Driving 17 and Under, Combination Ride and Drive 17 and Under and 3rd in Western Equitation and 5th in Pony Hunters Under Saddle.

At the Diablo Valley Horse Show held on September 23 in Walnut Creek, four riders from Rushwood Riding School won Ribbons.

Kelly Kurz riding Suspended animation won the Jr. Hunter Stake, placed 2nd in another Jr. Hunter Class and 8th in the CPHA Medal.

Mia James riding Tin Soldier placed 7th in Onondarka and 6th in Equitation 14 and Under.

Amy Plomteaux riding Keep Smiling placed 7th in Nor Cal Medal and in Equitation.

Alexandra Adams riding Blue Eagle placed 4th in the Onondarka medal, 5th in the AHSA Medal and 9th in Jr. Hunters 14 and Under.

Patty Stumbaugh went to Virginia to ride in the AHSA Pony Finals. Riding a leased pony, Patty placed 2nd in Pony Hunters and placed 4th in two 11 and Under equitation classes in preceeding shows. She rode a new pony for the finals and made the top 20 cut out of 43 other riders.

Next month will include the results of the CSHA Finals and the Rancho Murrieta Show.

Winners In Bookmark Contest Announced

The Monterey County Library has announced the names of the winners in the Bookmark Contest which was held by the library during the month of September. The winners included two Carmel Valley youths.

Winners were chosen in 3 different age categories (5 in each category): ages 4-7, 8-12, 13 and above. Each winner will receive a paperback book as a prize. The winning bookmarks are

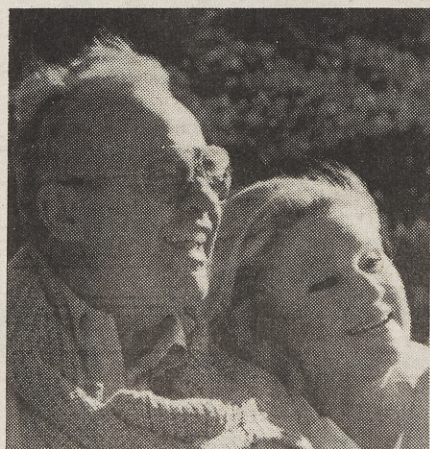
now being printed and will be distributed at all County Library branches during "Book Week" which is November 12 through 18.

Carmel Valley Library winners were Joleen Searles in the 4-8 age group and Johnathan Spaulding in the 8-12 age group.

The bookmarks are available free of charge at the library.

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Howard Brunn is a man of Monterey County. He sees the job of Fifth District Supervisor as a full-time profession, not a stepping-stone to higher office. His love for

this area and his years of service are a matter of record.

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ANIMAL TRACKS

by Cathi Stalder
Education Director

"Sic 'Em Rover!"

In a civilized society that has progressed phenomenally since the beginning of time, those who perpetuate the practice and sport of pit bull fighting seem to erode these gains in civilization.

Today's pit bulls can claim their ancestry in the Staffordshire terrier, who were crossed with the Old English terrier and the bulldog in the early 1800's. It wasn't until 1870 that these fighting dogs were brought to America, only to specialize in injuring and killing their own kind. Now, the American Kennel Club recognizes this aggressive and pugnacious breed as a registered, show quality animal.

Rover, a young pit bull pup, was three weeks old when taken away from his mother, to be hand raised. He was then sold to his permanent handler who spent many months training him to be a vicious, unrelenting, blood-thirsty killer.

While training, Rover was forced to run on a treadmill for up to 8 hours at a time, so that he would reach his optimum strength and fighting weight. Rover's owner helped him to develop his blood-thirsty urge by baiting him with live puppies, kittens and rabbits. These defenseless animals were often hung from a rope, while Rover practiced lunging, biting and tearing at their young flesh.

In order to obtain animals, Rover's owner would scan the local newspapers for advertisements giving away free puppies and kittens. Unbeknownst to the happy family who were able to find "good homes" for their litter, the trainer would bring one or more of the animals home to Rover's delight. Often, he would simply pick up stray or wandering cats and dogs to help with Rover's training.

After many months of grueling

training, Rover was finally ready to be put to the test, this time with a real opponent—another fighting dog.

Entering a pit bull in a dog fight is a time consuming, extremely organized ordeal. A dog fight is much like a boxing or wrestling match, complete with promoters, betting and contracts. The promoter arranges the matches between dogs of similar weight, strength and experience in the pit. The entrant's owner contractually agrees to fight his dog on a specified date and place and must pay a non-refundable registration fee. The promoter is responsible for arranging security and finding a general meeting place.

After being carefully led to the secretive pit site, Rover was washed and inspected by his opponent's owner to ensure that no toxic or caustic substances had been placed on his coat. These substances could harm the dog as he bit into his opponent's fur. Corners of the pit were chosen, the dogs were returned to their respective handlers and awaited the referee's commands. The referee shouted "release" and the dogs immediately rushed towards the center of the pit in a frenzied attempt to get a death grip on their opponent. Rover lunged for his opponent's throat while the other dog clamped his powerful jaws on Rover's stomach. They relentlessly hung on to each other as the noisy, cheering crowd placed heavy bets on the fighting animals. Meanwhile, Rover felt a searing pain as his flesh tore and his bones were being crushed by his opponent's strong teeth. The excited spectators yelled, applauded and congratulated the winning dog's owner, while Rover lay in shock, bleeding profusely on the pit floor. This scenario was Rover's first and last fight. Although he did not die during the

Needless Suffering Exposed

by Mary Tesoro

On May 28th, members of the Animal Liberation Front confiscated videotapes of animal experiments from the laboratory of Dr. Thomas A. Gennarelli, at the University of Pennsylvania.

Dr. Gennarelli's work involves causing head injuries to baboons, apes and monkeys. According to the animal rights organization, PETA (People for Ethical Treatment of Animals,) "He has received over \$11 million tax dollars in the last 15 years to torture and destroy once whole and intelligent animals."

Among the tapes are sequences showing primates having their necks broken in a "head acceleration" machine to study such things as the effectiveness of boxing helmets. Others show crude, trauma inflicting methods by which experimenters remove helmets that have been cemented to baboons' heads with dental cement. Using a carpenter's hammer and screwdriver to pry the helmet off after the still alive baboon has been "slammed," experimenters remark "seems I left a little ear behind."

In another sequence, confused experimenters panic as a baboon begins to awaken while undergoing head surgery: "It hurts him for Christ's sake!" This animals agony was due to inadequate anesthesia.

Over 60 hours of these tapes graphically illustrate sub-standard and

unnecessarily painful research techniques, non-sterile surgeries, unsanitary lab conditions, and repeated violations of the National Institute of Health guidelines.

Excerpts from the Gennarelli tapes were the subject of testimony at a recent hearing before the House of Representatives Subcommittee on Department Operations, Research, and Foreign Agriculture.

Christine Stevens, representing the Society for Animal Protective Legislation, used evidence obtained through the Freedom of Information Act to show that the above incidents do not represent a rare or isolated case.

Urging the passage of H.R. 5725, Ms. Stevens stated "even using the most optimistic assumptions, only 24.4 percent of registered research facilities are regularly meeting minimum standards of the Animal Welfare Act. The bill, H.R. 5725, would provide for semi-annual laboratory inspections, veterinary consultations, training sessions for scientists, pre-and post-surgical care and an information service to prevent unintended duplication of research and to provide information on alternatives to animals.

Over 70 million animals are used annually in laboratories. for further information about H.R. 5725 or what you can do to help, call 659-2041 or write P.O. Box 653, Carmel Valley, CA 93924.

fight, his owner shot him soon after, because his ego couldn't bear the stigma of having a "loser."

Dog fighting is popular among the lower, middle and upper echelons of society. Men, women and children engage in this bloody sport, either as spectators, promoters, or owners.

In California, dog fighting is a felony, for owners, promoters and spectators. A jail sentence of one year and a fine of \$50,000 can be imposed. However, this is rarely the case,

because the law is extremely lax in arrests and convictions. Unfortunately, dog fighting cases have a low priority in our court system, and because of the lack of manpower, it is extremely difficult to enforce.

Training innocent dogs to kill and maim their own kind is complete barbarism. Not until people show concern for the animals they are now exploiting, can we hope to become a truly, civilized society.



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CLUBS

KIWANIS NEWS

by Dr. Steve Austin

On September 29th the club held its annual installation dinner at Carmel Valley Inn. With past president Randy Randazzo as M.C. the new officers and board were given the reins for the upcoming year. Past Lt. Governor Raz Belleci hosted the formal ceremonies of installation and presented distinguished president pins to Gary Tate and A.J. Stotler. Also honored as "Kiwanis Man of the Year" was first vice president, Marv Smith. All who know Marv appreciate that no one is better deserving the recognition than he. A steak dinner with all the trimmings was enjoyed by over 50 Kiwanians and their families during a great evening.

The 1984-85 budget was taken under consideration at the new Board's first meeting following the installation. The first item discussed was the undistributed but budgeted contributions from 83-84. The checks are in the mail. After considering the proposed budget submitted by president, Dick Atwood, the board requested only the following changes: 1) that \$500 be donated to our friends at the Hidden Valley Music Seminars to help further their efforts to pave their parking areas; 2) That the college scholarship award be raised from \$1,000 to \$2,000 for 1985; and 3) that we purchase a projection table for the audio-visuals at our weekly luncheons.

Chairmanships were approved for two of our most important committees. Orv Rogers will chair the Youth Sponsored Services Committee and Dr. Irving Hartford has accepted the Kiwanis Inter-club responsibilities. The board also wanted to offer a special thanks to House Committee Chairman Larry McCann. For the last two years Larry has made sure that our flags were raised and that the meeting room was in order for our Tuesday luncheons.

At our October 9th meeting, Lou

Gardner, Blue Sky Lodge, was awarded his 29 year perfect attendance pin. Lou, a past president and life member, serves as our parliamentarian and club historian. In addition he has been a gracious host for our monthly board meetings for several years. Thanks and congratulations Lou!

The club was saddened to hear of the untimely death of fellow Kiwanian Jim Crowley. On a flight to New Mexico. Jim's light plane was lost in heavy weather. Jim was a past Kiwanis director and had been actively involved in virtually every Kiwanis project undertaken during his years as a member. Services were held October 17th in Albuquerque, New Mexico.

Notable speakers this month included Reg Huston of Hidden Valley Music Seminars who presented an excellent slide presentation. Fifth District Supervisor candidate Karin Strasser Kauffman provided a superb program and answered tough questions regarding our future in the Fifth. Howard Brunn, also a candidate, spoke on the history of the river and answered questions about the dam, COMSAT and other areas of interest. Monterey County Environmental Health Officer, Walter Wong, spoke of his areas of concern now and in the future, and our October finale was Barbara Krueger of McGinnis Travel speaking on airline service and tips for travelers.

Speakers for upcoming meetings will be Dan Gladney on November 6. Gladney is the Community Center board president and will discuss the formation of a park and recreation district for our area. On November 13 the speaker will be Jeff Means, Regional Director of the Jaycees. November 20 Blake Fussenich, who is the principal of Carmel Valley High, will be the speaker and the last speaker for the month on November 27th will be Fred Herro, president of the Carmel Valley Little League.

Women's Club Meeting Will Feature Hidden Valley

The Carmel Valley Women's Club will hold their regular monthly meeting on November 7 at the Hidden Valley Music Seminars. The fee is \$5.50 for the lunch which begins at noon.

The program for the meeting features Reg Huston of Hidden Valley

with a special slide show on the Institute. There is also a special musical talent presentation promised.

Reservations for the meeting are required. For further information or reservations call Mrs. Robert Meadows at 659-2496 or Mrs. Gerald Fargo at 659-5329.

Alpha Omicron Pi Alumnea Will Hold Fall Luncheon On November 2

Alpha Omicron Pi alumnae of Monterey County will hold their Fall luncheon November 2 at noon at the home of Mrs. Harriett (Mrs. Vernon) Stewart at 225 Rio Verde, Salinas.

Dorothy (Mrs. Sidney) Little of Carmel is luncheon chairman, assisted by Patricia (Mrs. John) Burd of Carmel Valley. Through this notice, members hope to attract alumnae of the organization who moved to this County recently and may be unaware of the local group. They can obtain further in-

formation by calling Little at 625-0324.

Maria Nowell of Marina will provide the post-prandial program. A chapter member, Nowell has told children's stories to children in libraries in various parts of the County. Now she will try out for an especially sympathetic audience her new avocation—telling adult stories to adults. For this debut she has chosen an African tribal tale which she says has special meaning for all women.

LIONS CLUB NEWS

by Frank Catalano

The world of Lionism has been a busy one over the past month. On World Service Day we saw six hard working Lions at the Carmel Valley Community Youth Center to paint the pool house. The workers were led by master painter, Fred Villanueva. Assisting Lions included Slade, Catalano, Morrow, Wight and Garry Anloff. A special added attraction was the delicious lunch served by Lioness Beth Morrow.

October 5th and 6th we saw just about the entire club selling the well known little White Canes at various business areas. The club collected over \$1,000, which was the best effort for the club in its three year period of existence. All of the funds go to eye care, glasses for the needy as well as other Lions charitable activities. Co-chairmen for the event were Garry Anloff, Lou Harbin and Ralph Morrow.

On October 20th and 21st the Club was off to the races where once again the entire club participated. Our job was parking cars and is usually an all day project. However the returns are great and it is a fairly easy source of revenue for our clubs many projects, all of which need MONEY to operate and be successful.

The Ambassador of Good Will award, the highest in Lionism was presented by past International President Jim Fowler to only one Lion in Multiple District Four. That Lion was P.D.G. Don Stanaway, Executive Director of the Lions Eye Foundation in San Francisco. Lion Don is a long time member of the Burlingame, CA Lions Club.

The October meeting was an ex-

cellent program, however, many members were in absentia, including the members on vacation. Five members of the Salinas North club made a visitation to our club for this meeting. Charles Benson, a Seaside Lion and candidate for 4th District Supervisor, gave an informative, yet non political talk on the duties and responsibilities of the County Supervisor's job. Lion Charlie Felder did an excellent one man job in preparing and serving our breakfast. Thanks Lion Charlie for doing your usual excellent job.

Blind Center News: The Blind Service Center in Pacific Grove welcomes all visually impaired without exception. Annual dues are \$5. Presently members range in age from 18 to 91. Programs include learning to use public transportation and low vision aids are also taught at the Blind Center. Programs also include methods for alternate cooking, house cleaning, typing, recording, learning Braille, as well as personal care. Long cane training is provided in both home and business areas.

International President, Bert Mason, has designated November as Diabetes Education Month for Lions all over the world. Activities which promote diabetes awareness and which involve Lions in supporting research and working with diabetics are important elements in the President's program for the year.

Dates to remember: Cabinet meeting, San Martin, November 4th 8 a.m. Next regular meeting, Wednesday, November 7, 7:30 a.m.

'Til Next Month



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BUSINESS

THE CHAMBER CONNECTION

by Grace Darcy
Executive Director
Of The Chamber of Commerce

By the time this column is in print, the Chamber will have had a Mixer at Monterey Savings/Coast Federal Savings and Loan. The event took place on Wednesday, October 24, and Chamber members and friends greatly enjoyed a delicious repast and some fine wines from Chateau Julien. Our host was Jim Chinn, genial manager of the Mid-Valley Branch of Monterey Savings, and those who attended are again grateful for Jim's outreach to the Chamber and its members.

On October 25, the Chamber hosted a luncheon at the Carmel Valley Inn that featured David Armanasco, Vice President and General Manager of Durney Vineyards. David spoke about the Concerned Citizens of Upper Carmel Valley and proposed expansion of the COMSAT facility in the Cachagua area. It was a fine event, and we thank David for his willingness to appear.

The Nominating Committee of the Chamber is going to have a tremendous job counting the overwhelming number of ballots received at the Chamber office. Chamber members are voting to elect or re-elect five persons to the Board of Directors. Your Chamber has a membership of 162 business people. We have received, to date, 101 ballots. This is an incredible 62 percent plus response, and it pleases the Board to know that its members are taking such an active interest in the Chamber. The Nominating Committee, headed by ROGER STRANGE, O.D., and including JUDY CASWELL, LOIS LAMAR, and JO LOMANTO will meet sometime shortly after the November 1 deadline for returning the ballots, and will together count the returns and announce the winners.

Despite the fact that we are out of the busy season, the Chamber telephone rings with remarkable frequency. There were 111 incoming calls this past month, and we are receiving more visitors than before. Most of the calls are inquiries, people who want to know if our lodges/inns have rooms for a specific time, or where there is a good restaurant. Lately, however, we received calls about voter registration (we were able to provide registration forms for a number of people, and even received inquiries as to why someone did not get a sample ballot). The key to helping people who call a Chamber office is knowing where to refer them if the Chamber itself doesn't handle a given situation. That doesn't happen too often, but when it does, it's nice to have a support team to call on. Your Chamber IS that support team.

Chamber president CHUCK MC KAY has recently published an up-to-date Chamber Directory. They are available through the Chamber office, and contain listings (carefully categorized under the type of business) of all Chamber members. This is a monumental job, and Chamber members owe CHUCK a round of applause for a job well done.

STEVE AUSTIN, D.D.S. and DEBBIE SAXTON, Editor of the *Carmel Valley Sun* have presented a revised set of By-Laws to the Chamber Board of Directors. They will be considered at the Chamber's November meeting, but in the meantime, thanks to DEBBIE and STEVE for a job well done. By the way, STEVE and PAM AUSTIN are expecting their first youngster shortly, possibly before you read this. We share their joy.

Comments still coming in about the

Fun in the Sun Day, and special mention is given to JOHN TIERNAN who so ably ran the games for the youngsters present. JOHN did a splendid job, and a lot of kids were happier because of his work. Thank you, JOHN TIERNAN.

Last time, we inadvertently omitted SAN FRANCISCO FEDERAL SAVINGS AND LOAN from our list of businesses that contributed to the success of Fun in the Sun Day. DAN CARLIN of SAN FRANCISCO FEDERAL donated soda, balloons, and other items that played a major part in the fun time had by all. Thanks and apologies to SAN FRANCISCO FEDERAL for not mentioning them the first time around.

The Chamber is planning a luncheon meeting on November 15th, place and guest speaker to be announced shortly. In the meantime, you might want to mark your calendar and save November 15th for a Chamber event. November 28 will see another Chamber Mixer, this time at the CARMEL COUNTRY SPA on Country Club Way. We are hammering out the details now with FRANCES MUELLER and her associate, BEVERLY J. JONES. This should be an interesting event because the SPA has broadened its services and refurbished its buildings. More about this Mixer as time goes by.

Our thanks to friends and members who faithfully support the Chamber. We are a small, unsubsidized organization, dependent wholly upon member dues. Despite our small size, we manage to be involved in the community, and truly appreciate those members and friends who support us. See you next time.

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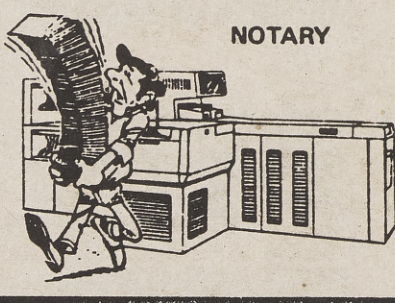
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Answers To Crosswords PLUS

see page 9

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C	E	A	S	E	S	S	T	R	A	T	T	O	N
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Brain Stretcher

"The STRATTON Story" (18 Across), was a 1949 movie about a baseball player who overcame a physical handicap. Quite coincidentally, the movie featured Bill Williams, who had the title role in "The Adventurers of Kit Carson".

BTS (6 Down), stands for "body temperatures". Although CENTRE (41 Down), is the British spelling, there is one town in the U.S. which uses that spelling: Rockville Center, New York.

ZIMMERMANN NOTES

by Stephan P. Zimmermann

Since we're just under the wire for the November 6 election, this will be our parting shot at political affairs for the year. California has sixteen (count them) ballot propositions to contend with, which are numbered from Prop. 25 to Prop. 41, with Prop. 35 omitted. The various bond measures, which range from Clean Water to Safe Drinking Water to Hazardous Wastes to School Building Lease Bonds total approximately another \$7.80 per person per year in interest cost alone. California is mortgaging its residents to the hilt.

One of the most controversial measures is Prop. 36, which would continue where Prop. 13 left off, with both Haward Jarvis and Paul Gann sponsoring and supporting the measure. We're joining the over one million taxpayers who signed the initiative to place the measure on the ballot and supporting "36". As financial analysts, we're a little perturbed over the state of the State's credit standing if the additional bond measures pass, but as fiscal conservatives, we're all in favor of reducing taxation wherever possible. One needs only look at places like Austria, Finland or Sweden to see what the net result is when governments increase the tax burden year after year...

Which brings us to Prop. 37, perhaps the most interesting of this year's crop of measures for the electorate to peruse. Number 37 is the measure which would implement a State lottery, proceeds from which would be used to help support schools from kindergarten through college.

The fascinating thing appears to be the fact that this would assist schools in their financial efforts, would create a level of free enterprise and free choice to be exercised instead of taxation mandated by the State, and it would equalize the tax burden amongst the state's population, instead of mandating school taxes to property owners. Here's the reasoning: Lotteries are very attractive to middle and low income folks who will participate on the chance that they'll 'strike it rich.' Low and middle income folks also tend to be renters, instead of property owners, so the don't directly contribute to the property tax (although a portion of their rent certainly is applied to property taxes by the landlords.) Finally, and most significant of all, low and middle income families tend to be endowed with more children per family unit than wealthier property owners, and thus are the direct beneficiaries of taxes applied to public school systems. Thus, a lottery would equalize that tax burden and, to our thinking, be a fairer method of supplementing the school systems' financial needs than increasing property taxes for those who have fewer, or no children to benefit from the use of those taxes. Of course, we're all in favor of abolishing all public schools and removing all state or federal control from school systems, but that's a very long way off. In short, we're wholeheartedly supporting Prop. 37, although we realize that the chance of passage is slim.

Apart from our rationale for supporting it, it's interesting to note that the

Attorney General and president of the California State PTA use very vague and specious arguments against the proposition. They cite the slim odds of winning. Well, odds are exactly what has made the U.S. what it is: the place where there is a potential for realizing one's dream. If tickets in the lottery run a dollar, isn't it worth taking that gamble instead of buying a pack of cigarettes or having a drink???

The opponents to Prop. 37 then turn to the emotional issue of 'lotteries breed more crime problems for communities.' That argument is set forth because there are no real, factual arguments against legalized gambling, but the tone of the argument sets moralists salivating. Fortunately, for those interested in facts, not emotion, they will find that those states and countries which permit legalized gambling have actually experienced a decrease in crime, which follows quite naturally. If something is deemed to be illegal—such as gambling, narcotics or prostitution, the victimless crimes—it tends to increase the risk and increas-

ed risk presents opportunities for increased reward. Simple basic economics. If the prospect for making more than a reasonable profit is removed, and the profit dropped, organized crime sees no benefit to participation. If organized crime is out of the picture, crime overall decreases. If we understand the economics of crime as simple, everyday economics, subject to the same laws of supply and demand, we would more easily understand that no morality can ever be effectively legislated. Under Prop. 37, no person would ever be forced or coerced into buying a lottery ticket against his own free will. With state supervision, counterfeit tickets would stand a slim chance. And Americans who enjoy taking the risk of gambling would not be forced to spend their money in Nevada, New Jersey or Canada. California would enjoy the benefit right in its own back yard. Most of all, the state lottery would reduce our future reliance on state taxes. We support it, and we trust that logic overcomes emotion.

Nelson's International Seafood Restaurant Is Moving To A New Location

It was just a short time ago that Bill and Elizabeth Nelson opened the doors of Nelson's International Seafood Restaurant. It was February as a matter of fact. The response to their delicious offerings was so good that their dinner hours were generally overflowing with customers waiting to sample their succulent seafood offerings. (There are also steak, chicken and vegetarian dishes available as well.) Despite their small dining area Nelson's customers returned again and again, so the most recent news about Nelson's will delight their regular customers.

Nelson's is moving. Not very far however. They are moving just up the road to 53 West Carmel Valley Road

(where Stefano's used to be next to Adina's Hair Center).

Bill Nelson said they will still be offering the same menu they had before, they'll just be doing it from a new location. The new site for the restaurant will offer a larger dining area and will allow them to handle more customers said Bill. There are also new and classier decorations in store as well he added.

Before deciding to open his own restaurant Bill worked as Chef de Cuisine at Mt. Madonna Inn in Watsonville. Prior to that he was the chef de Cuisine at Old Fisherman's Grotto. He has worked in the restaurant industry since he was 18.

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PROPERTY VALUES

by Fran Hughes

Anyone wanting to finance or refinance real estate these days is confronted with a bewildering number of decisions to make. Since the advent of the variable or adjustable mortgage, it's no longer a matter of just deciding whether you want to pay more points and less interest, or less points and more interest. The biggest decision is going to be whether to get a fixed rate loan or a variable rate loan. In general terms, the interest rate on a variable rate loan will run 1 percent and 2 percent less at the beginning than on a comparable fixed rate loan. Because of this many people who could not qualify for the loan they want at the fixed rate, can at the lower initial rate on a variable loan. For those who can qualify for the higher rate, it's simply a question of whether they are willing to pay more for the security of knowing that their payments and interest rate will remain the same for the life of the loan. Of course, if the interest rates decline, these people won't be able to cash in on it.

The interest rate on a variable rate loan will be tied to one of several government indexes. Some of these fluctuate more often and more drastically than others, so it can be important to check the past performance of the index involved. The "actual," and I stress "actual," loan rate is a combination of the index rate and the lender's margin or spread. So, if the index is at 10 percent and the lender's margin is 3 percent, the actual loan rate is 13 percent. Sounds easy, right?

Hold on. Some lenders, to make their loans more attractive, offer an "initial" rate for a specified period of time. Given the "actual" rate of 13 percent shown above, this "initial" rate might be in the area of 10 percent for anywhere from 3 months to a year. This means that at the end of the "initial" period, let's say a year, if the index hasn't moved up or down, that the payment would go from \$8.78 per thousand to \$11.06 per thousand. On a loan of \$100,000 this would amount to a change of \$228. Usually, you pay for this initial rate break by having to pay slightly higher points or a slightly higher rate. It would be a good idea to figure out just how much you stand to gain or lose by taking this option before you sign your name.

Another important option available with adjustable loans is the rate cap. In essence, if you have a loan with a 13 percent "actual" rate and a 5 percent cap, your interest rate will never go higher than 18 percent or lower than 8 percent. It's important to remember that variable interest rates can go down as well as up, and that the rate cap applies in both directions.

To confuse matters further, there is something called a payment cap. It places a limit on how much your payment can change each time there is an adjustment. For instance, if your payment is \$100, and there is a 7½ percent payment cap on your loan, your new payment can't be more than \$107.50, and the next refiguring can't be more than \$115.56, etc., etc., There

is a problem with this process. If the refiguring of the interest rate causes a higher payment, but the payment cap saves you from having to pay that full payment, it could happen that the amount you're paying will not even pay all the interest due, let alone any of the principal. The lender then takes the unpaid amount of interest and adds it to the principal amount that you owe. So rather than having your mortgage shrink a little every month, you'll be having it growing on you. Different loans deal with this problem in different ways. Rather than have you end up at the end of 30 years owing more than you borrowed in the first

place, some lenders will refigure the payment every 5 years so that once again you are paying off principal and interest. This can result in a hefty payment increase. Others will leave the payment alone and increase the length of the loan to achieve the same result. And, while I've been writing this, I'm sure that someone has come up with a new solution to this problem. Mostly it is important to remember that adding interest to the principal (negative amortization) is very much akin to owing your soul to the company store. More thrills and excitement from the world of adjustable mortgages next time.

Bay Ridge Developers Will Auction Lots

Sunday, November 4, developers Andy Welch and John M. Lotz will put 27 exclusive view lots in their security-gated Bay Ridge community in the Hidden Hills area of the Monterey Peninsula up for sale by auction.

What makes this event newsworthy is that the developers are using the auction process in an initial offering to lower marketing costs and cost to the buyer, rather than as a last-resort distress sale.

As a result, minimum bids have been set as low as \$55,000 for the lots which average 2.3 acres, with 11½ percent financing being offered to qualified auction buyers.

The Bay Ridge site is located off Laureles Grade Road high on a ridge between Carmel Valley and the Highway 68 corridor between Monterey and Salinas.

The Bay Ridge auction, to be conducted by Kennedy-Wilson, Inc. of Santa Monica, is the first time the auction process has been used for a development sales promotion in the

Monterey area as a part of the initial marketing plan.

"The fact that I can sell these lots at Bay Ridge within minutes on auction day saves us thousands in carrying costs and enables us to share the savings with the buyers," Lotz explained.

"These minimum bids average 50 percent off the last asking prices and include underground utilities, cable TV, and security gates," he added.

The quality of the custom homes to be constructed throughout the development has been protected through stringent architectural requirements, Lotz said. Homes must be a minimum of 2,750 square feet of living space and will have an estimated value in excess of \$500,000.

For more information and a Bay Ridge Auction Catalogue, contact the Bay Ridge Auction Information Office at (408) 372-7142 daily from 11 a.m. to 6 p.m., or write Bay Ridge Auction, 24700 Bit Road, Monterey, CA 93940.

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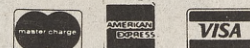
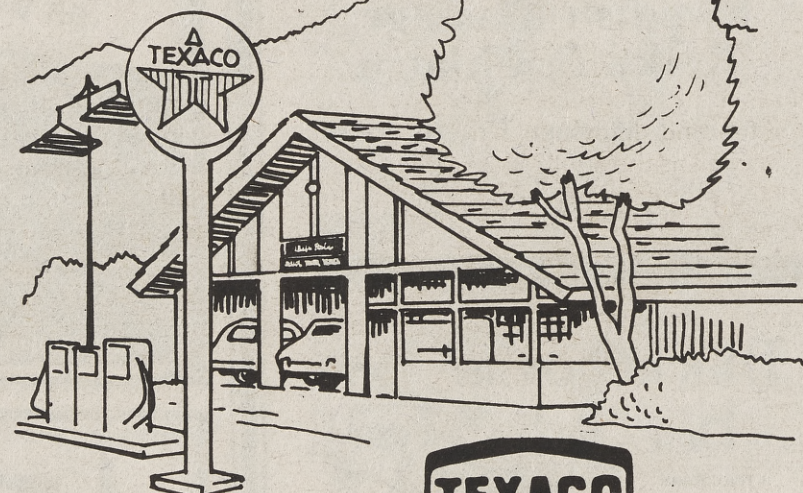
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TULARCITOS REPORTER

What a fabulous fall carnival we had October 20th! Such a wonderful meshing of people from throughout the valley; everyone had a great time. There was something for everyone—all kinds of games, gold fish, a farmers market with fresh produce and cut flowers, homemade cakes and cupcakes, food and silhouettes. Besides being fun, the carnival was a good fund raiser for the parent club. Thank you one and all.

So far this year, from funds donated by parents and from parent club dues, t-shirt sales, etc., the parent club has provided funds for the following items to be purchased for use throughout the school: 1) 30 dictionaries for the 4th and 5th graders; 2) a tape recorder for the speech and language department; 3) 2 pilot libraries for SRA kits for 2nd and 3rd graders; and 4) 3 wheel toys for large motor development for the kindergartens.

With funds raised from the carnival and our calendar sales, which are going on now, we will add new equipment to help enrich our education process.

Additionally, FOCUS, Friends of Carmel Unified Schools, has donated approximately \$1,800.00 to our school this year. This money is being used in the following ways: 1) approximately \$185.00 to Ms. Simmons, the 4/5 class, for dictionaries; 2) \$185.00 to Phil Smith, 5th grade, for dictionaries; 3) \$400.00 to Mrs. Estes and Mrs. Douglas, 2nd grades, for a listening center; and 4) \$1000.00 for a teaching machine which is called 'System 80's' which helps with teacher/student learning.

The School Site Council, which is an advisory group of parents, faculty and principal, designs the school plan for each year. It has areas of emphasis which include changing and develop-

ing new curriculums. The school site council gets input from the whole school community. This year the council has two new members, Carol Eaton, from the Cachagua area and Doris Gladney, from the kindergarten level. The other members are Karin Strasser-Kauffman, Stephanie Johnson, Cathy Eyerman, Marli Melton, Sandi Eise and Pat Herro, representing the parents, and Ruth Picard, representing the Parent Club. Shirley Graham, Evelyn Damgaard, Jennifer Simmons and Karen Holtman represent the faculty. Jim Kohnke and Theresa Brodsley, represent the administrators.

The week of November 5—9, 1984 is conference week. All students should arrive at school at 8:40 and leave at 12:30, after lunch.

During conference week the Spanish enrichment program will run after school only. Children who attend in the morning, 8:40 to 9:35, will go after school, from 12:35 to 1:35. All other classes will run as usual.

On December 7th, 1984, the parent club is sponsoring the "Magic Carpet," which is a group of actors and actresses who travel and perform "Kids Writes." Prior to the 7th the teachers will be helping the students write short stories, skits, etc. They will be submitted to the Magic Carpet and when they come to our school on the 7th they will perform a selected group of stories. It should be very thrilling for the students to hear and see their stories acted out.

Last, but certainly not least, we would like to thank our staff and administrators for the excellent job that they are doing at Tularcitos, most particularly in this time of chaos within our district. The staff and administrators are extremely dedicated and doing a most superior job. We sincerely hope that all this havoc will be rectified as expeditiously as possible and we can continue with the bottom line, which is educating our children.

WHERE THERE'S SMOKE

Smoke Detectors And You

It has been exactly two years since the Carmel Valley Fire Department started its "Wake Up and Live" smoke detector awareness and sales program. At that time we announced as our goal to have at least one smoke detector properly installed and functioning in every home in the Village. At this time we have sold over 600 smoke detectors and are very pleased with this program.

However, we really won't know if we ever reach our goal unless everyone helps out. If you haven't as yet installed a home smoke detector, or if you have any friends or family that are as yet unprotected, make that effort—purchase that smoke detector and see to it that it gets installed.

The Carmel Valley Fire Department has available State Fire Marshal approved, U.L. listed, battery operated smoke detectors for our wholesale price of \$9.75. Homeowners—consider placing detectors in attics, basements, or other previously unprotected areas of the home in order to be warned that much earlier of a

fire. Renters—protect yourself in your temporary home, with the choice of taking the detectors with you when moving. Travelers—take a smoke detector with you and set it in your hotel room for maximum protection. Gift Givers—with Christmas around the corner, what a great gift idea, an inexpensive gesture that could very realistically save a life. Make that commitment. Wake up and live!!

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Comsat continued from page 4

used in a standard microwave oven. The difference is that Comsat beams this microwave in a narrow beam into outer space, whereas a microwave oven confines the power into a small cubicle."

"It has been shown," Martin added, "that microwave radiation directly in front of the Comsat antenna is more than 40,000 times lower than the U.S. industrial standard. For those who have problems accepting the U.S. Standard, radiation from our antenna also is significantly less than the Soviet standards, the most stringent in the world."

Studying the issue is what the Concerned Citizens have been doing. According to Armanasco, the group has contacted leading authorities in the field across the country. Based on that contact, Armanasco said, "we still stand very strong on the fact that with the research we have conducted and the response we have to the microwave study of the EIR we are unconvinced that all the information is correct and that everything is indeed safe."

"Comsat claims that they are using the minimums. Even though those minimums over a long range period of time may be unsafe. We have had input over the years from several engineers who have told us that because of the mesh fences around the station this can have a distraction in terms of the readings."

Questions raised on the Draft EIR will be responded to by Environmental Science Associates, Inc. who prepared the document. As yet their revised EIR has not been submitted to the Planning Commission. According to the Planning Department Staff the revised document is expected within the next week or two.

If the Planning Commission finds the revised EIR adequate, they can then act on the use permit said Planning Department Administrator, Dale Ellis. At that time, the Commission can grant, deny, or continue the use permit.

Planning Commission hearings are open to the public.

Halloween Safety Guidelines

"Halloween has historically been a night for fun and enjoyment for the children as well as the adults. It brings to mind old stories of witches and goblins and ghosts as an established American tradition, but to many it also brings back memories of past tragedies," said Sheriff "Bud" Cook in stressing safety for all children on Halloween.

"Parental Supervision during trick or treating should be reinforced. Children should be reminded of the importance of observing good traffic safety rules, strict rules regarding areas to be traveled and having treats checked by parents prior to consumption," he cautioned. "A special reminder for parents is the emphasis that should be placed on respect for the property of others and good overall behavior," he added.

In his safety reminder Sheriff Cook said adults driving in residential areas during trick or treating hours should remain especially alert for children crossing streets and going from home to home. The Sheriff's department will be especially watchful for lost children, incidents of vandalism and potentially dangerous situations.

Sheriff Cook encouraged areas with neighborhood watch programs to organize citizen walking patrols in their area. "By working together, we can help ensure that our memories of Halloween this year will be pleasant ones," he said.

Some Halloween safety tips suggested by the Sheriff are: 1) An adult or responsible teenager should accompany children on their rounds. 2) Parents should determine how large an area children will be allowed to travel

and stress the importance of staying within that area. 3) Traffic rules should be observed—cross streets only at corners and be especially careful of children's safety by having them use sidewalks and observe all rules. 4) Forbid the use of burning objects such as candles. A flashlight should be taken along for additional safety. 5) Children should be dressed in light-colored, non-flammable costumes that are short enough to prevent tripping. 6) Encourage the use of colorful makeup instead of encumbering masks that reduce their visibility. 7) Make sure children are not carrying sharp sticks or objects that can be a danger to themselves or others. 8) Talk to children at length prior to going out on rounds. They should be reminded NEVER to enter anyone's home and to

Continued to page 28

TO YOUR GOOD HEALTH

KEEPING IN TOUCH

by Linda Lundy

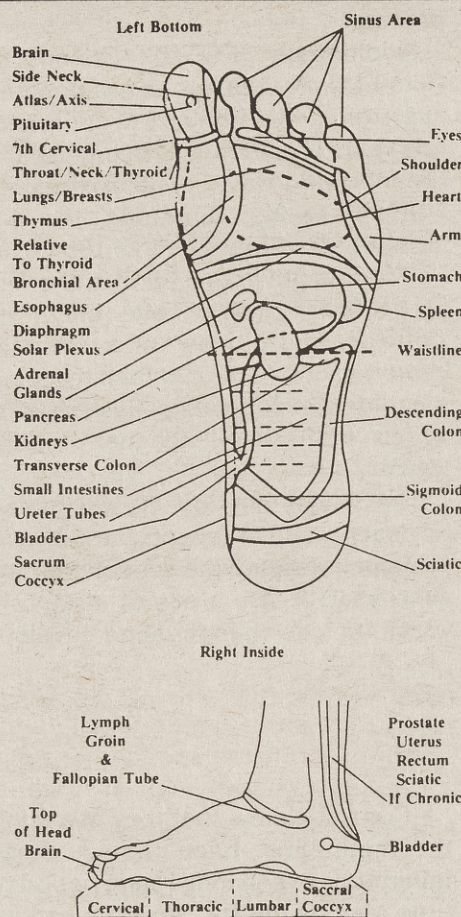
The feet of modern man are sorely neglected. In his evolutionary leaps he has developed a culture that molds his environment to his needs, or what he thinks his needs are. The problem is that he may end his existence if his feet are not planted firmly on the ground. Expressions like "he's got his head in the clouds" or its corresponding opposite "he thinks too much" are common. Everyone admires and follows someone whose decisions are soundly connected to their whole self and those around him simply because it looks healthier, but there are anatomical and physiological reasons that make that so.

The feet, our vehicle of locomotion when we are not transported by mechanical means, support the entire weight of the body on their small and relatively bony structure and two to three times the body weight when running. In short, the feet take quite a beating, and take it well. But, besides supporting the body the soles of the feet contain 7,200 nerve endings that interconnect throughout the spinal cord and brain to all areas and organs of the body. So many nerve endings relating to the whole body make the feet a reflective map of the whole organism. Thus, stimulation of the

soles help maintain homeostasis and balance within the body as well as balance between the body and the ground we walk upon.

At the turn of the century Dr. William Fitzgerald verified that applying pressure to various parts of the feet affected corresponding zones of the body and their functioning. Later Eunice Ingham continued his research and "mapped out" the body organs and glands on the foot and the science of reflexology, or the systematic foot rub, was invented. She claimed the feet tell all and the attentive investigation into its nooks and crannies, its bumps and sores was more effective in treating and diagnosing ills in the body than medicine.

After working with reflexology over the years I take a somewhat more moderate view but I am still impressed with its ability to affect change over a period of time. The feet, or South pole of the body, tend to collect toxic wastes and chemical deposits that inhibit circulation. Working sore or hard spots on the feet break up and flush out congestion in the system and allows fresh oxygen and nutrients to feed sensitive nerve endings and increase regenerative powers. Improved modern hygiene and miracle drugs



have eliminated the infectious plagues that shortened man's life so drastically in the past. We today need to deal with disease syndromes that are basically neuromuscular and circulatory in nature, and make our long lives a little more enjoyable. Accumulated stress is the cause of 80 percent of all illnesses.

Improper nail care, poor shoes, synthetic socks or stockings worn continuously all inhibit the feet from their natural capacity to maintain homeostasis in the system. The development of calluses and bunions inhibit the blood supply to the nerves and consequently the functioning of the corresponding organs. The feet are

like the bottom of the U curve of a drain pipe. If waste or debris are allowed to collect there the system becomes sluggish.

Take a hot foot bath for 15 or 20 minutes with a cup of Epsom Salts or magnesium sulfate in it. This softens the soles of the feet and brings solace to the soul. (Magnesium is a main component of nerve tissue and extra doses of magnesium supplements or magnesium salts used as a soak relax and soothe the entire nervous system.)

Now dry the feet and pamper them with a gentle and complete rubbing and twisting, inspecting them at the same time for any abnormalities or fungus. Use firm, deep pressure with the ball of the thumb and bending the thumb joint "walk" or inch your way systematically over the entire foot, noting any sore spots. Don't forget to rub and pull the toes, these reflect sinus points, the pituitary gland and neck and head. The base of the toes reflex the eyes, ears and shoulders. Now go back and give extra attention to the sore spots and end by slapping the whole foot, top and bottom for an invigorating treat. Ten to fifteen minutes on each foot is plenty.

This can be done for yourself two or three times a week or given to a friend or family member for an endearing gift after a long day. The effects are long lasting and long remembered. For a professional pedicure see Joy at the Village Hair Hut or Kathleen at the Carmel Valley Hair Center. They give you a foot bath and have a little instrument to shave down calluses. For removal of bunions or corns it is safest to go to a doctor, but remember there is a lot you can do for yourself. Happy feet like to walk and talk.

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EYE-deas

by Drs. Irving and Kim Hartford

Your Eyes And The Environment

The eyes are affected by different environmental conditions. It is important to know how to protect and prevent damage and stress to your eyes. Some environmental conditions and helpful recommendations on prevention of eye injury and stress are listed below:

Television Viewing:

If there is a great difference between the illumination in a room and the light coming from a TV set, your eyes can become tired and irritated because they try to adapt to two different levels of brightness at the same time. To avoid this, when viewing television you should:

- Be surrounded with light of about half the brightness needed for reading.
- Allow no area within sight to be brighter than the TV screen.
- View the TV screen from straight ahead.
- Sit at a distance equal to at least five times the width of the screen.
- Make sure that glare and reflections from windows and lamps are not on the screen.

Air Pollution:

Heavy air pollution, especially that found in big cities, can cause eye irritations. To avoid or relieve the effects of getting soot or chemical particles in your eyes:

- If you wear contact lenses, clean them thoroughly.
- If soot or ashes should blow into your eyes, do not rub. Put the upper lid down over the lower lid and let tears wash foreign matter out.
- You can help reduce simple eye irritation and also help clean your eyes by using appropriate eyedrops. Particles in the air get into your eyes. Your eyes respond by "calling" for more blood to help combat the irritant. In the process, blood vessels in the eye expand. This can cause redness, itching, and burning. Eyedrops can help wash away the irritants. Some also include a substance that can reduce the swelling of blood vessels, which often gets rid of redness, itching, and burning caused by air pollution. To choose and properly use eyedrops, be sure to read labels carefully and follow directions explicitly.

Sunlight:

Although sunlight makes the world

around us visible, its rays can also harm your eyes. To avoid this:

- Sunglasses should be a medium dark gray or green tint, or
- use the tint and color density that your optometrist recommends for your sunglasses.
- Never look directly at the sun. There is not a pair of sunglasses dark enough to prevent damage from the sun's direct rays.

Flying Objects:

Many ordinary activities at home, work, or play may bring you in contact with objects that can enter and damage your eyes. Wear the eye "guard" specifically designed for the hazard you are likely to encounter. Such hazards include:

- Balls of all kinds (baseball, football, tennis).
- Other sports objects (hockey puck, racquets, bats).
- Sparks and extremely bright light (welding).
- chemicals, both solid and liquid (factory workers, science students, farmers, homemakers, gardeners).
- Sawdust, wood chips (carpenters, hobbyists).

"Creative Caring" Workshop Will Be Held November 6

Monterey Peninsula College and the Hospice of the Monterey Peninsula will co-sponsor the workshop "Creative Caring: Life with an Aging Person," which will study the problems and challenges of aging.

The workshop begins November 6 and will continue through December 11. Participants will meet Tuesdays from 6:30 p.m. to 9:30 p.m. at the Hospice Resource Center, 578 Houston Street in Monterey.

Persons taking the workshop will have hands on experience in dealing with the experiences of aging. Emphasis will be on multi-disciplinary approach from the fields of gerontology, sociology, biology, psychology, and nutrition.

For more information or to sign up, contact the Hospice Resource Center at 625-0666. The class is limited to 30 persons.

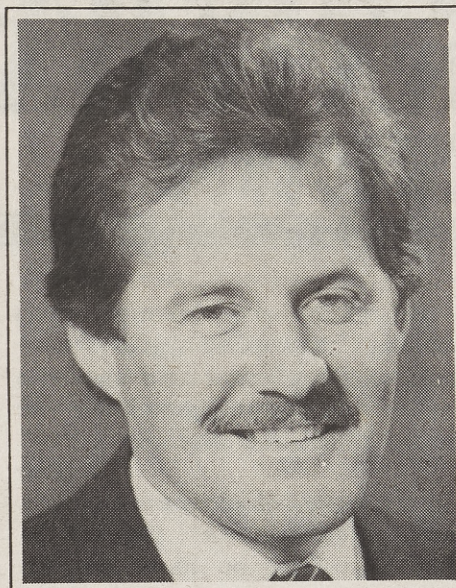
Samuel Downing Will Be Memorial Hospital's New Director

Samuel Wright Downing will be the new executive director of Salinas Valley Memorial Hospital effective January 1, 1985. He was appointed by the Board of Directors to succeed Ray B. Grove who last month announced his plans to retire.

Downing, assistant executive director, has been associated with Memorial Hospital since Jan. 3, 1972. Prior to his joining the staff at Memorial Hospital, he served in administration at Tri-City District Hospital in Oceanside, and Santa Barbara Cottage Hospital.

He received his bachelor's degree in economics at the University of California at Irvine, and completed his master of business administration degree prior to entering the graduate program in hospital administration at the University of California at Los Angeles in the School of Public Health. Downing presented papers at two international conferences: one in Oslo, Norway, on hospital design, and the other in Sydney, Australia, on energy conservation in hospitals. He has held lectureship positions in health administration at the University of California at Los Angeles and at Santa Cruz.

Grove, who will be 65 December 4, has been a hospital administrator in



Salinas for 30 years—17 at Natividad Medical Center and the last 13 at Memorial Hospital.

Downing, who will be 40 December 17, worked on the planning and development of Phase I of construction at Memorial Hospital, referred to as the Concentrated Care Center, and has taken an active part in the design and development of the proposed Heart Care Center.

He is married to Paula Downing. They have two sons, Michael and Zachary, and are expecting their third child next summer.

With 211 patient beds, a revenue budget of \$40 million, and 850 employees, Salinas Valley Memorial Hospital is the largest civilian acute care hospital in Monterey County.

Podiatry Screenings Will Be Available for Seniors On November 2

Dr. Leonard Mushkin and Dr. Richard McGarry have again agreed to provide Podiatry Screening for seniors 55 years and older. The screenings will be held at 280 Dickman Avenue on Friday, November 2 from 9:30 to 11:30 a.m. This is a service sponsored by SCANS of the Monterey County Health Department Public Health Nursing Branch.

No appointment is necessary. For more information call 757-1061.

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Carmel Valley Sun Page 26, October 31, 1984

County Announces November Clinics

The County Health Department announced its Public Health Clinic schedule for the Monterey Peninsula for the month of November. The Health Department is closed on November 12, 22, and 23 in observance of Veterans Day and Thanksgiving Day.

There is a small fee for many clinic services. For further information call 899-4271.

No appointments are needed at the following clinics held at the Seaside Health Office, 1291 Olympia Avenue: The Immunization Clinic will be held on Thursdays November 1, 8, 15 and 29 from 8:15 to 10:30 a.m. Immunizations such as diphtheria, tetanus and pertussis, polio, measles, mumps and rubella are available at a cost of \$5 per visit. Parents must accompany youngsters under 18 years of age to the Immunization Clinic to sign consent forms authorizing the shots. Tuberculosis skin tests for employment are provided for an \$8 fee. There will be no TB skin testing November 8, 19, or 20.

Cholera immunizations required for international travel are available for a fee. Yellow Fever immunizations required for international travel are available in Salinas by appointment for a fee.

The General Prevention Clinic offers required blood testing for marriage and rubella immunization for women for a fee. Tuberculosis skin tests for employment are offered for a fee of \$8. There will be no TB testing November 8, 19, or 20. Treatment for lice and scabies is offered for a fee. Clinic hours are Mondays November 5, 19, and 26 from 1 to 4 p.m. and Tuesdays November 6, 13, 20 and 27 from 8:15

to 10:30 a.m.

Confidential diagnosis and treatment for venereal disease is offered for \$10 per episode on Tuesdays November 6, 13, 20 and 27 from 1 to 4 p.m. and Thursdays November 1, 8, 15 and 29 from 1 to 4 p.m.

The following services are available at the Seaside Health Office or in the vicinity by appointment:

Well Baby and Child Health Screening examinations are available in Seaside and Monterey. There is a fee of \$20 per visit. Call 899-4271 for an appointment.

Free health check-ups for older adults are given at various clinic locations. Call 899-4271 to obtain clinic site phone number.

Prenatal care clinics are held weekly and charges will vary according to the services provided. Call 757-1061 for an appointment.

The following services are provided at the Health Department Office in Monterey, County Courthouse at 1200 Aguajito Road: Mental Health Outpatient Services, phone 373-6188; Environmental Health, phone 373-0111. WIC Food Coupons are offered at the Monterey Office on Mondays, Tuesdays, Thursdays and Fridays from 8 to 11:30 a.m. and 1 to 4 p.m. Call 373-7725 for information and appointment.

Pregnancy testing and contraceptive services are available through Planned Parenthood of Monterey County. For an appointment, call 373-1691.

The Health Department will accept payment by check, cash, private insurance and Medi-Cal. No person will be denied service because of inability to pay.

Free Reiki Healing Lecture Will Be Held At The Thunderbird Bookstore In The Barnyard

A free public lecture on the ancient natural energy and healing art of Reiki will be held at the Thunderbird Bookstore in the Barnyard in Carmel. The program is scheduled for November 8 at 7 p.m.

The lecture will be followed by two official first degree Reiki programs. The First Degree Official Program is scheduled for November 9 from 7 to 10 p.m. and Saturday, November 10 from 10 a.m. to 2 p.m.

The Second Degree Official Program will be held Saturday, November 10 from 7 to 10 p.m. and Sunday, November 11 from 10 a.m. to 2 p.m.

The cost for the programs is \$150,

singles; \$250, couples; \$125, full time students; \$100, senior citizens and \$75 for children under 18.

Ginny St. Claire, who is certified by the American International Reiki Association, will present the program which includes Reiki energy activations, complete training in the scientific method of applying this natural energy to themselves and others, an explanation of Reiki as a wholistic healing and health care system, and a copy of the Official Reiki Handbook.

Reservations are by phone and locations for classes will be furnished upon registration. Call 625-5210 for more information.

Hospices Nationwide Designate November As "National Hospice Month"

November has been designated National Hospice Month by the National Hospice Organization in Washington, D.C., and will be recognized throughout the month in California.

The Hospice of the Monterey Peninsula being one of the almost 1300 Hospices in the country is celebrating as well. Since its beginnings the Hospice of the Monterey Peninsula has been unique in many aspects. It is among the only hospices to have its own Resource Center located at 578 Houston Street in Monterey. This Resource Center provides the community with a revolving library of books on the subject of life-threatening illnesses, wellness, stress management and many other health related topics. "It is a place where people can come to get information during a time of pain and confusion. There are warm and helpful people always available to those in need of

this type of service," said Gael K. Gallant, Director of Community Affairs for the Hospice.

"Our Inpatient facility and home health care services are among the few in the nation who are considered to be free standing," she added. "These services provide a place for patients with life-threatening illnesses to come should they need our unique type of care."

Volunteers make up a major portion of the Hospice concept. "They give of themselves for patients and their families. Their presence often helps to make the troubled times less troubled," said Ms. Gallant.

Hospice administrators throughout the state and here in Monterey are available to discuss the roles of Hospice in the community, the nature of the Hospice movement, and the expected growth of Hospice care through this month.

Planned Parenthood of Monterey County Will Hold A Program For Those Considering Parenthood

Am I ready to be a parent? What changes will it mean in my relationships and my career? These and other questions about parenthood will be the subject of "The Baby Decision," a three part series being offered during November by Planned Parenthood of Monterey County. The program is for couples and individuals considering parenthood.

The format will provide an opportunity for structured discussion of implications for career, finances and relationships.

Historically in the United States, the average woman had both her first and last child between 20 and 30. "Increased opportunities for women to advance professionally and to postpone child bearing through more effective

methods of birth control have created a new attitude toward parenting and a new time-frame for many couples," said Emily Hull-Parsons, Education and Counseling Director for Planned Parenthood.

"The purpose of the 'Baby Decision' workshop is to allow people to clarify their feelings about parenting and to give them the necessary facts to make a decision they will be comfortable with."

The series begins Tuesday, November 13 at 7 p.m. and will meet for three Tuesdays in November. Pre-registration is required. The fee is \$25 per person and \$40 per couple.

For more information call 394-7939 or 757-5627.



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You already know about Howard Brunn's record on the environment.

He fought to stop the proposed super-tanker port at Moss Landing.

His leadership helped save the artichoke fields from high-density housing. This area is now part of the state park system.

He was a prime mover for the Carmel Valley Master Plan, and is the only candidate to speak out against COMSAT and the industrialization of the sensitive upper valley.

Now we face a new threat

The cities of Gilroy and Morgan Hill are considering the construction of a pipeline that will dump 18 million gallons of treated sewage water into Monterey Bay every day.

The voters of Monterey County won't stand for this, and neither will Howard Brunn. As Fifth District

Supervisor he'll once again work long and hard to prevent this assault against our environment.

You know about Howard Brunn's fine record. With your vote November 6th he'll continue to add to it.

BRUNN for SUPERVISOR

Committee to Elect Howard Brunn 5th District Supervisor, 26350 Carmel Rancho Lane, Carmel, CA 93923. 624-6204; Merrill Headrick, treasurer.

VALLEY VOICES

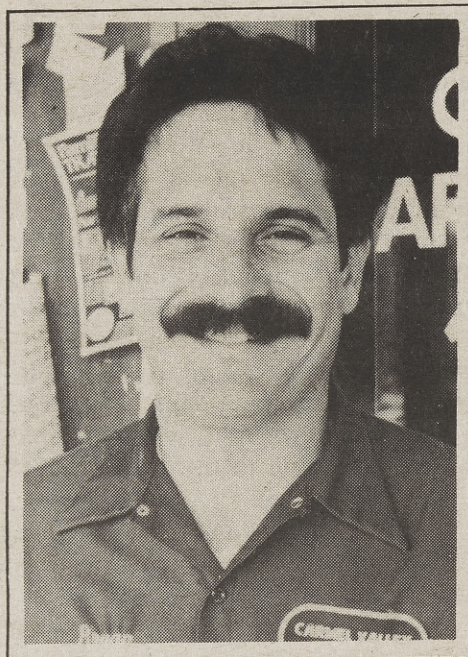
Photos by Debi Effron.



Toni Moulaison

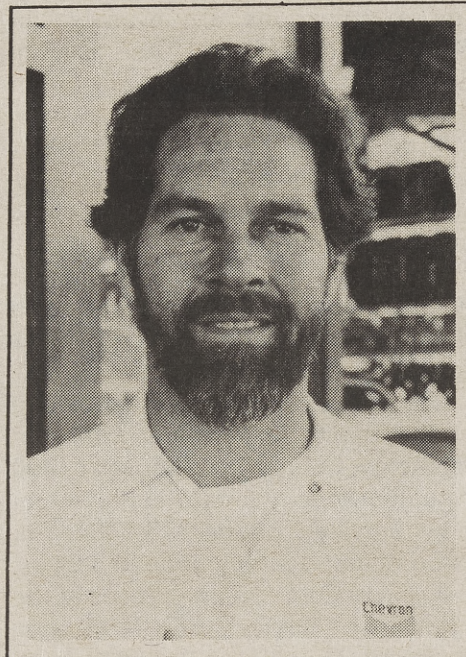
"When Nancy and I were little girls Mom dressed us up as little Chinese dolls with great big buns on the sides of our heads and we wore long kimonos. We thought we were very beautiful."

What was your favorite Halloween costume when you were a child?



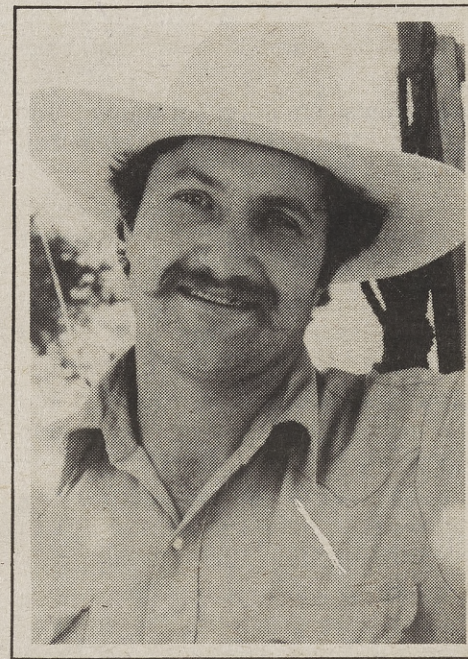
Bryan Mosieur

"A ghost in a sheet. So I could hide extra candy bags under the sheet."



John Church

"Being a pirate. I got to wear my Dad's boots."



Kent Heneks

"I think my favorite costume was a cowboy 'cause when I was a little kid I always wanted to be a cowboy when I grew up."



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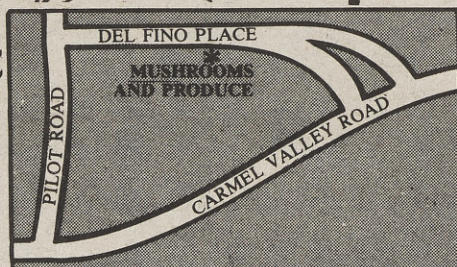
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8 DEL FINO PL CARMEL VALLEY VILLAGE

"Star Wars" continued from page 4

available and ready to intercept an airborne attack by Soviet bombers and missiles." Our radar system has vast gaps, it is "very leaky. The Soviets would have very little difficulty penetrating down, say through the Canadian Rockies, into the central part of the United States with minimal chance of detection, let alone of intercept."

For every ruble the Soviet Union spends on offensive weapons, an equal amount is spent on defensive measures Vajk said. He pointed out that these include anti-ballistic missile systems, air defense systems which are the most extensive and comprehensive in the world today, and civil defense measures. "The United States, on the other hand, spends approximately three cents on defensive weaponry for each one hundred dollars it spends on offensive weaponry."

In discussing nuclear freeze, Vajk said that one of the difficulties is the failure of its proponents to recognize the increasing improvements in weapons development. With miniaturization of components and increasingly sophisticated electronics and guidance systems, the accuracy of nuclear weapons has improved significantly since World War II. To achieve the same military objective of the past, the yield of today's warhead can be vastly reduced because of this increase in accuracy. "If accuracy...increases by a factor of 10, then the yield of that warhead to achieve the same objective, decreases by a factor of

about 300."

"Twenty-five years ago," Vajk said, "we were in greater danger of a nuclear winter than we are today." If the production of new systems with smaller warheads is halted, we will remain frozen at the present level of warhead yields. If ever used, these current warheads "will result in much greater collateral damage than if newer weapons were used."

During a question and answer period, Vajk stated that the objective of "Star Wars" is to place a space-based system of defense into orbit which is capable of destroying enemy missiles before they are armed, that is, while they are in the booster phase. "The United States has the technology to accomplish that," he said.

To present the other side of the issue, Dr. Robert M. Bowen, President of the Institute for Space and Security Studies, will be the next speaker at the New Forum meeting scheduled for Nov. 5, 1984. His topic will be: "Death Star—Why 'weapons in space' implies holocaust." Dr. Bowen was Director of Advanced Space Programs Development for the Air Force Space Division prior to his retirement from the air Force.

Persons interested in attending the Nov. 5 meeting may call 624-1803 or 624-7494. The purpose of the New Forum is to promote development of a community that is better informed on the issues of war and its alternatives and to pursue creative alternatives to war.

Halloween continued from page 23

wait until they have returned home and had treats checked prior to eating anything.

For citizens who will participate by giving treats to children Sheriff Cook suggested: 1) Turn on your porchlight to provide good visibility, and respond to children at your door promptly. 2) If you have pets, make sure that pets are placed in an area where all the ac-

tivity and excitement cannot affect them or pose a threat to children who are trick or treating. 3) Provide treats that are store bought and wrapped at the point of manufacture. Limit the amount of treats given to each child. 4) Be alert and assist any child who may be lost or in need of assistance. If the need arises, attempt to contact the parents or dial 911 for assistance.